WALPOLE CROSS KEYS PRIMARY SCHOOL

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Dear Parents/Carers,

YEAR 1 - Information about the this term's Personal, Social, Health Education, which includes Relationships and Changing Me

At Walpole Cross Keys Primary School we use Jigsaw, the mindful approach to PSHE, as our scheme of work to teach PSHE (Personal, Social, Health Education). The programme consists of 6 half-term units, each with 6 lessons. We call these Jigsaw 'Puzzles'. (Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me).

In the first half of the Summer Term we will be teaching the Relationships Topic. The Relationships Education, RSE, and Health Education (England) Regulations 2019 have made Relationships Education compulsory in all primary schools and parents cannot withdraw their children from it.

We develop positive relationships throughout the school year and through each Jigsaw Puzzle, but there is a more specific focus on this in this Unit of Work, with children learning about different relationships we have with our friends, family and communities (including staying safe online), and how these relationships change as we grow.

In the second half of the Summer Term, we will be teaching the 'Changing Me' Puzzle. This helps children learn to cope positively with all sorts of change. In Key Stage 1, we introduce scientific terminology for body parts, including genitalia, partly for safeguarding reasons and partly to lay the foundations for learning about puberty later.

The purpose of this letter is to inform you of the statutory requirements placed on schools, and what we plan to teach when for this topic in PSHE this term.

The government statutory guidance gives parents the right to request to withdraw their child from Sex Education, and this letter explains more about what Sex Education is and how you can find out more about this if you wish to.

Health, Relationship and Sex Education

Health and Relationship Education is statutory in all primary schools. Sex Education is not statutory, however, it is recommended that all primary schools have a Sex Education programme that is tailored to the age of the pupils.

The Health and Relationship curriculum content is woven throughout the entire programme of Jigsaw, with a specific focus within the 'Healthy Me' and 'Relationships' Puzzles.

In the Early Years and Key Stage 1, the focus is on life cycles, valuing our own bodies and learning some vocabulary for the external body parts, that we might use if we needed to talk to an adult such as a nurse or a doctor.

The right to withdraw

As parents, you have the right to withdraw your child from the non-statutory sex education elements of our teaching other than those that are part of the science curriculum. You are unable to withdraw your child from any lessons within Relationship or Health Education (this includes puberty and menstruation). If you do wish to withdraw your child from the sex education lessons, please contact Mrs Maddison or Ms Borley, so we can discuss the implications of withdrawing.

What will my child be taught?

The Jigsaw unit 'Changing Me' is taught in the Summer Term and contains 6 pieces (lessons). Each year group will be taught appropriate to their age and developmental stage. This content will be taught by the class teacher. We will not teach beyond the remit of the year group. If questions are asked that the teacher feels are inappropriate or are beyond the content for that year group, the teacher may ask the child to ask their parent/carer, or the teacher may acknowledge the question and explain that we will learn about that aspect at another time.

Lessons in year 1 will include pupils learning about: life cycles; changes about them and things that have stayed the same; how their body has changed since they were a baby; physical differences between males and females, including naming body parts; learning something new as well as immediate changes about them that they will face, such as transition into the next year group.

We are eager to work in partnership with parents.

Please be aware that your child may ask you questions on what they have learnt.

We hope that the information we have provided is useful in understanding what your child will be learning this term. If you would like to view any lessons or resources, please contact your child's class teacher and they will be happy to share them with you.

You can also refer to our RSE policy for further information:



Yours sincerely,

Ms Borley
Executive Headteacher