

Walpole Cross Keys Primary School

Weekly Newsletter – 14th February 2025



Hello everyone,

Thank you to everyone who sponsored the 'Skip-a-thon/jump-a-thon' which took place on Monday. A total of £228.50 has been raised. Thank you for your support.

It has been brought to our attention once again, of parking issues outside the school! Please park sensibly and be considerate to our neighbours. Please do not block access to driveways, etc. Thank you for your cooperation.

We are still seeking members for our PTA. If you are interested, please speak to Mr Overton as soon as possible. Thank you for all your support.

On Wednesday our Choir group visited Sheffield Arena for the Young Voices. They had a fabulous time.

On Friday we held our Number Day to support the NSPCC. Once again, thank you for all your support.

After school clubs are now available to book. See page 3 of the Newsletter.

We will be having a special 'World Book Day' lunch on Thursday 6th March 2025. Please book via your MCAS account. No alternatives available on this day.

Could you please ensure your child comes to school suitably dressed for the elements.

Have a great half term and see you all on Monday 24th February 2024 for prompt registration at 8.45am.

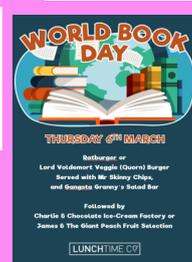
As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

Best Wishes

Ms J. Borley
(Executive Head Teacher)



***Please also check page 2 for future diary dates.**



Weekending—14.02.2025

Stars:

Jesse (Class 1), Leo (Class 2) & Eli (Class 3)

Kindness:

Emile (Class 1), Cleo (Class 2), & Ivy (Class 3)

Handwriting:

Amelia B (Class 1), Mabel (Class 2) & Bethany (Class 3)

THANK YOU card winners:

Rosie (Class 1), Leo (Class 2) & Max (Class 3)

Golden Broom: Class 2



Attendance

Class 1: 94%

Class 2: 97%

Class 3: 94%

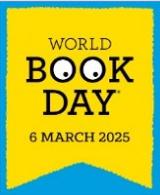
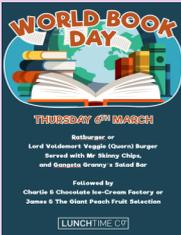
Congratulations to Class 2!

Whole school: 95.2%

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2024/25 2025/26 can be located from the school's website. School holiday dates are slightly different to NCC.

Monday 24th February 2025	School opens—Prompt registration at 8.45am.
Thursday 27th February 2025	Girls Football—5 a side. Years 3,4,5 & 6—Sign up via MCAS.
Wednesday 5th March 2025	Year 5 West Norfolk Academies Trust Literary Event—Sign up via MCAS account.
Thursday 6th March 2025   	Year 2 River of Hope Trip—Please sign up via your MCAS account. World Book Day—Special Lunch. No alternatives available. Please book via your MCAS account. Parents evening—3.30pm—7.30pm. Google link already sent out via text. Alternatively please contact the school office to book an appointment.
Wednesday 12th March 2025	Class 3—Assembly. Parents/carers invited @ 3pm.
Tuesday 25th March 2025	SSP Dance Festival—TBC.
Wednesday 26th March 2025	JLT trip to Houses of Parliament.
Friday 28th March 2025	Year 5 & Year 6 Duxford Trip—Please sign up via your MCAS account.
Monday 31st March 2025	Year 5 & Year 6 Cluster Bee Netball—Selected.
Friday 4th April 2025	School breaks up at usual time for Easter break.
Wednesday 23rd April 2025	School opens—Prompt registration at 8.45am
Tuesday 29th April 2025	Year 6—Crucial Crew Trip. More details to follow.
Monday 5th May 2025	BANK HOLIDAY—School closed.
Friday 23rd May 2025	School breaks up at the usual time for half term.
Monday 2nd June 2025	School opens-Prompt registration at 8.45am.
Thursday 12th June 2025	Lilacmoon Photography—Class photos only.
Tuesday 22nd July 2025	School breaks up at the usual time for the summer holiday.

CLUBS

Clubs Overview Spring Term 2 2025

Please see below a list of lunchtime and after school clubs taking place at Walpole Cross Keys for the above term. Thank you

Day	Theme	Dates / Times	Year Group	Cost
Monday	LUNCHTIME - READING CLUB -Ms Calaby/Mr Overton	24th February - 31st March 12.30pm - 12.50pm	All years	Free: No booking necessary
Tuesday	LUNCHTIME TIMES TABLE/READING CLUB with Mr Overton	25th February - 1st April 12.30pm - 12.50pm	All years	Free: No booking necessary
Wednesdays	LUNCHTIME TIMES TABLE CLUB WITH Mr Overton	26th February - 2nd April 12.30pm - 12.50pm	All years	Free: No booking necessary
	AFTER SCHOOL CLUB - STEM with Mrs Jones	26th February - 2nd April 3.15pm - 4pm	KS1	8 places - Free: Booking via MCAS
Thursdays	LUNCHTIME TABLE TENNIS CLUB with Aaron	27th February - 3rd April 12:30pm-12:50pm	Years 4, 5 & 6	Free: No booking necessary
	FOOTBALL CLUB with Aaron (football boots & shin pads are optional)	27th February - 3rd April 3:15pm-4:15pm	All years	£4.00 per session totalling to £24.00 for 6 weeks Book & pay direct with ICS Coaching by 27th Feb please click on the link to book https://icscoaching.pembee.app/

Young Voices—Sheffield



Medical Diet Menus – A Guide for Parents, Guardians & Carers

At Lunchtime Co., your school caterer, our aim is to ensure that children with diagnosed allergies and intolerances are supported and receive a tasty, nutritious and safe meal. Our nutrition and catering teams work together and follow a robust process so you can feel reassured that, whenever possible, a safe alternative menu will be provided for your child. You would be informed in advance if there are any circumstances when we cannot cater for a pupil's medical diet requirements.

Which children will require an alternative menu?

- ✓ Children with diagnosed food allergies or diagnosed food intolerances
- ✓ Children with Type 1 Diabetes who require a carbohydrate count
- ✓ Children with medical conditions requiring a modified menu

Please note

Children with religious, cultural or personal preferences, can choose from the standard menu. You do not need to complete a medical diet request form. This includes, but is not limited to, vegetarian, pescatarian, vegan and Halal requirements.

Keeping everyone safe

We aim to provide meals for as many children as possible, as safely as possible. We will only provide menus that exclude the whole allergen. We do not offer children with medical diets the self-service salad bar and dessert station options.

Identification of your child with a medical diet

In line with the Government guidance, your child will be issued a photographic ID card that is managed by the school office, which contains the important information about your child's allergies and intolerances. This card will then be handed in to the school catering team each lunchtime, to ensure your child is served the correct meal.

Always fresh, inclusive, tasty and nutritious

We are aware of how important it is that, despite your child needing a medical diet menu, you feel confident knowing that they are still receiving a balanced and enjoyable lunch. Most of our dishes are made from scratch using fresh, local ingredients without compromising on taste.

Where possible, the Nutrition Team strive to adapt the dishes already featured on the school's menu to suit your child's needs. Examples include exchanging pasta for gluten free pasta, utilising various allergen aware pizza options or using plant-based dairy substitutes. We also have a range of bespoke medical diet recipes that are not featured on our standard menus that are suitable for more numerous or complex allergies, never compromising on flavour and nutrition.

How do I apply for a medical diet?

Please complete and return the medical diet form to your child's school office, who will pass this onto our catering team. The new medical diet menus will go live [redacted].

What happens next?

The Nutrition Team will prepare a medical diet menu based on the current school menu. The allergen information is supplied directly from our manufacturers and suppliers, and products that are labelled with a 'may contain' for that allergen, will also be excluded. Your child's menu will include where possible, a choice of two main meal options and a dessert, fresh fruit, yoghurt and salad. Please note that choices may vary depending on your child's school.

Your child's menu be created ready to go live [redacted]. Once processed, you will receive a copy of your child's personal medical diet menu so you can select which dishes they would like. Please pass these choices onto the school office so they can be given to the onsite catering team. You will receive a new medical diet menu for your child every time the school's menu changes.

What if my child no longer requires a medical diet?

If your child no longer requires a medical diet, and they can eat from the standard menu, you need to inform the school office in writing, who will then pass on the written confirmation to Lunchtime Co.

MEDICAL DIET / FOOD ALLERGY REQUEST FORM

Child's name School name

Class name School year

Details of Special / Medical Requirement Requested

Allergen	Allergy / Intolerance? Tick	Allergen	Allergy / Intolerance? Tick
Celery		Molluscs	
Crustaceans		Mustard	
Gluten		Nuts	
Egg		Peanuts	
Fish		Sesame Seeds	
Lupin		Soya	
Milk / Dairy		Sulphur Dioxide	

Any other allergy, please list

.....

Please advise if the child requires a vegetarian only menu, circle the option needed **Yes or No**

By signing this form, you confirm the information detailed is correct and should the child's allergen requirements change, a new form will be completed and submitted.

I agree for this form and the information contained in it can be shared with Lunchtime Co. by the school and both parties can retain this information for the purpose of management of the child's medical diet needs.

Parent / Guardian Signature

Print Name.....

Date

The Lunchtime kitchens are nut free environments and we take every precaution to eliminate cross contamination with all allergens. However, we cannot guarantee 100% allergen free.

Please send a completed copy of this form to your school who will pass onto Lunchtime Co.

What Parents & Educators Need to Know about ONLINE RELATIONSHIPS & DATING APPS

WHAT ARE THE RISKS?

Dating apps are used to help people find new relationships – whether casual or more long term – matching users based on age, interests, gender and more. Some may consider dating apps harmless to under-18s because they aren't able to use them, but effective age verification measures are quite scarce, and it's been known for young people to end up on apps of this type.

EASE OF ACCESS

The relatively lax age verification process of many dating apps makes them incredibly accessible to children who really shouldn't be using them. This carries the obvious risk of exposing under-18s to a dating scene populated by adults – who may not even be aware of the young person's true age. This is concerning when we consider the 'hook-up culture' common on these apps – with many people using them to arrange casual sexual encounters.

CONTACT AND CONDUCT RISKS

Once someone is active on a dating app, their social media profiles can be linked to the app and might be accessed by others. This can lead to random users 'sliding into their DM's' (sending a direct message) without consent. Complete strangers could start bombarding a young person's inbox with pictures, messages and sexual comments.

SCAMS AND SEXUAL EXPLOITATION

Some young people may feel they've formed a real bond with someone through online dating, but there's always a risk that it's not genuine. Scammers on these apps often build romantic connections with their victims – then once they feel they have their victim's trust, they begin asking for money under false pretences (such as suggesting they meet in person and requesting a 'loan' to cover a train ticket).

UNVERIFIED ACCOUNTS

As with all online interactions, you may not be talking to whom you think you are. Without paying a subscription, users of dating apps can often only view a certain number of profiles at a time. A TikTok trend has advised young people to set their age limit to 80 years and over – putting them in a sparse and more 'exclusive' category to bypass the usual restrictions. Unfortunately, this can lead to matches with someone much older.

PEER PRESSURE

The pressure to be in a relationship can be huge, and many young people use online dating apps as a cost-effective way to meet others. Some users find it difficult to meet people organically due to their lifestyle, and may not have the time or money to go out and socialise. It's also common for young people to set up accounts for their single friends in the hope of finding a match for someone they know.

SKewed PERSPECTIVES

Dating apps can promote an unrealistic view of what makes someone attractive. With such vast options, some users can become both picky and extremely harsh about others' appearance. Ultimately, all you see on these apps are pictures (with no insight into someone's personality), and some young people struggle with the fear of being judged. Even when someone does start dating, there's a persistent paranoia that their partner is only one swipe away from a potentially better match.

Advice for Parents & Educators

TALK ABOUT DATING APPS

Let young people know that they can talk to you about anything, even something as private as their dating life. At school, the relationships, sex and health curriculum can assist with conversations around healthy relationships, consent and online safety. Emphasise the message that you want to help them make healthy, safe and informed choices. If they feel embarrassed talking to you, make sure they have a trusted adult who can help them.

ENCOURAGE DATA PROTECTION

Empower young people to protect their data and personal information. Explain why including things like their school, age and surname in their profile could potentially be dangerous. Make sure they know never to give out personal details, and that there's no reason for other users to ask for them. If they feel uneasy about a situation online, they need to speak to someone that they can trust.

VERIFICATION STAMPS

Explain that someone using a dating app should only communicate with those who have gone through a verification process. Online dating apps use a variety of methods to ascertain a user's identity, including scanning valid documents (such as a driver's licence or passport). Verification can also involve users taking a selfie to ensure that the photos on their profile match it.

REPORT AND BLOCK

Remind young people that they can always report or block (or both) anyone who makes them feel uncomfortable on any platform. Ask if they know how to do this and offer to help them figure it out if they're unsure. Every app should have advice on how to report or block another user, so be sure young people are familiar with the settings.

Meet Our Expert

Rebecca Jennings works at RAISE (www.raiseducation.org.uk) in the field of relationships, sex and health education, providing educational, age-appropriate workshops for pupils around the more sensitive areas of the curriculum – including online safety and healthy relationships.



#WakeUpWednesday

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/online-relationships-dating-apps>

Community News

ALIVE

February 2025

Holiday Programme

17–23 February

Lynnport, St James Pool,
Downham Leisure, Oasis
and Glebe House School

Booking is advisable for all activities

alivewestnorfolk.co.uk

Supported by
Borough Council of
King's Lynn &
West Norfolk

Scan to book

HANSA 20

Half-Term Holidays
Art Workshop For Children Of All Ages

theplace
23 New Conduit Street,
King's Lynn PE30 1DE

Seafaring Art Workshop

Tuesday 18th February 2025
Drop-in any time from 10am!
FREE Art Activity at 'The Place', King's Lynn

Children of all ages are invited to drop in to this exciting art workshop in The Place on New Conduit Street to create a colourful seafaring-inspired artwork, led by local artist Kayleigh Wood. From grand sailing ships to pirates, sailors on adventures to visiting new lands, come and help us create artworks with the supplied pens and paints which will then inspire a larger mixed mural of seafaring art for the town. *See you there, me hearties!*

Children must be accompanied by an adult, and can visit the workshop in The Place at any time from 10am-4pm on the day. **FREE** admission, painting materials and refreshments provided.

The Sandringham Estate Snowdrop Creative Workshops






February Half Term
Tuesday 18th
Wednesday 19th
Thursday 20th
 1-2.30pm
£20 per person

Suitable from 3 years upwards.
 One adult receives entry to the garden with every child's ticket purchased. Parking extra.

Join the Sandringham Education Team for an afternoon of creativity. Make your own snowdrop design from a range of ideas and media. All resources provided.

Located at the School Room in the Stables Courtyard
Booking Essential
<https://sandringhamestate.co.uk/events/february-half-term>



February

HALF TERM ARCHERY

FEB 15 16 22 23

£30 per 30 minute session
 for up to 6 people age 8 and upwards.
 Various sessions throughout the day.



At The Sandringham Estate Forest School
Booking Essential/ Parking Extra
<https://sandringhamestate.co.uk/events/february-half-term/>

The Sandringham Estate Family Forest School February Half Term







Tuesday 18th
Wednesday 19th
Thursday 20th
10.30am-12pm

Dens
 Crafts
 Fire
 Games
 Mud...
 and more

Meet ups
 Friendships
 Play Dates
 Investigate
 Activate

Forest School Site (Entrance opposite the west carpark)
 £10 per child adults free.
 Booking essential.
 Suitable for all ages.
 Children must be accompanied by an adult.

<https://sandringhamestate.co.uk/events/february-half-term>



HOCKEY HEROES

5-8 YEAR OLDS

A HERO IN EVERY KID

Join our exciting new hockey programme

FIND OUT MORE: hockeyheroes.co.uk

Next 8 week course starts
February 22nd
 Book via the QR code
 Open to all new players ages 4 to 9





PELICANS.H.C
 Est. 1920

SAFEGUARDING

Safeguarding children is the action we take to promote the welfare of children and protect them from harm. Safeguarding is everyone's responsibility. Every single person who comes into contact with children and families has a role to play. At our school we have a designated safeguarding team who are trained professionals in safeguarding, however all our staff are trained in safeguarding if you want to discuss any concerns with them.

The Safeguarding team.

If you have any concerns about a child's welfare or safety, please speak to a member of the schools safeguarding team.



Mrs Maddison



Mr Overton



Miss Calaby



Mrs Jones



Mrs Preston