

Walpole Cross Keys Primary School

Weekly Newsletter - 7th February 2025



Hello everyone,

A text message has been sent out to those who have parental responsibility with a google link to choose a convenient time for an appointment. If you do require an appointment and you are unable to access the google link, please contact the school office.

On Tuesday Year 1 & Year 2 attended a Multi-sports event at Heacham Junior school. Well done to all who took part.

Today, Year 4 children visited Norwich Castle. A great day was had by all.

We are currently seeking members for our PTA. If you are interested, please speak to Mr Overton as soon as possible.

On Monday 10th February we will be holding a Skip-a-thon/jump-a-thon to raise funds for the school to help towards the costs of transport for trips and visits. A sponsor form has been sent home. Your support is very much appreciated.

On Friday we will be having a Number Day to support the NSPCC. We are kindly asking for a £1 donation per child which can be made via your MCAS account. All donations will go to the NSPCC. Please come to school dressed as your favourite number. **Clothing must be suitable to wear as the whole school has gymnastics on this day.**

Could you please ensure your child comes to school suitably dressed for the elements.

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

Best Wishes

Ms J. Borley
(Executive Head Teacher)



Join the PTA!



***Please also check page 2 for future diary dates.**

Weekending—07.02.2025

Stars:

Nova (Class 1), Isaac (Class 2) & Lilley (Class 3)

Kindness:

Jesse (Class 1), Jacob (Class 2), & Bethany (Class 3)

Handwriting:

Ronnie (Class 1), Hudson (Class 2) & Florence E (Class 3)

THANK YOU card winners:

Nova (Class 1), Jacob (Class 2) & Florence E (Class 3)

Golden Broom: Class 2



Attendance

Class 1: 94%

Class 2: 97%

Class 3: 94%

Congratulations to Class 2!

Whole school: 95.1%

www.walpolecrosskeysprimary.co.uk
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Governors: r.wenn@westnorfolkacademiustrust.co.uk



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Diary Dates

Please be aware that dates are for guidance only and are subject to change

Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2024/25 2025/26 can be located from the school's website. School holiday dates are slightly different to NCC.

Monday 10th February 2025 	Skip-a-thon/Star jump-a-thon—Whole school.
Tuesday 11th February 2025	Class 2—Assembly @ 3pm. Parents and carers invited.
Wednesday 12th February 2025	Young Voices Trip—Choir. Class 1—Assembly @ 3pm. Parents and carers invited.
Friday 14th February 2025 	Whole School—Gymnastics. Last session today. Held @ Lynnsport. NSPCC—Number Day —A £1 donation via your MCAS account would be very much appreciated. All donations will go to the NSPCC. School breaks up at the usual time for half term.
Monday 24th February 2025	School opens—Prompt registration at 8.45am.
Thursday 27th February 2025	Girls Football—5 a side. Years 3,4,5 & 6—Sign up via MCAS.
Friday 28th March 2025	Year 5 & Year 6 Duxford Trip—Please sign up via your MCAS account.
Wednesday 5th March 2025	Year 5 West Norfolk Academies Trust Literary Event—Sign up via MCAS account.
Thursday 6th March 2025	Year 2 River of Hope Trip—Please sign up via your MCAS account. Parents evening—3.30pm—7.30pm. Google link sent out.
Tuesday 25th March 2025	SSP Dance Festival—TBC.
Monday 31st March 2025	Year 5 & Year 6 Cluster Bee Netball—Selected.
Wednesday 6th March 2025	JLT trip to Houses of Parliament.
Friday 4th April 2025	School breaks up at usual time for Easter break.
Wednesday 23rd April 2025	School opens—Prompt registration at 8.45am
Monday 5th May 2025	BANK HOLIDAY—School closed.
Friday 23rd May 2025	School breaks up at the usual time for half term.
Monday 2nd June 2025	School opens-Prompt registration at 8.45am.
Thursday 12th June 2025	Lilacmoon Photography—Class photos only.
Tuesday 22nd July 2025	School breaks up at the usual time for the summer holiday.

Year 1 & Year 2—Multi-sports



Medical Diet Menus – A Guide for Parents, Guardians & Carers

At Lunchtime Co., your school caterer, our aim is to ensure that children with diagnosed allergies and intolerances are supported and receive a tasty, nutritious and safe meal. Our nutrition and catering teams work together and follow a robust process so you can feel reassured that, whenever possible, a safe alternative menu will be provided for your child. You would be informed in advance if there are any circumstances when we cannot cater for a pupil's medical diet requirements.

Which children will require an alternative menu?

- ✓ Children with diagnosed food allergies or diagnosed food intolerances
- ✓ Children with Type 1 Diabetes who require a carbohydrate count
- ✓ Children with medical conditions requiring a modified menu

Please note

Children with religious, cultural or personal preferences, can choose from the standard menu. You do not need to complete a medical diet request form. This includes, but is not limited to, vegetarian, pescatarian, vegan and Halal requirements.

Keeping everyone safe

We aim to provide meals for as many children as possible, as safely as possible. We will only provide menus that exclude the whole allergen. We do not offer children with medical diets the self-service salad bar and dessert station options.

Identification of your child with a medical diet

In line with the Government guidance, your child will be issued a photographic ID card that is managed by the school office, which contains the important information about your child's allergies and intolerances. This card will then be handed in to the school catering team each lunchtime, to ensure your child is served the correct meal.

Always fresh, inclusive, tasty and nutritious

We are aware of how important it is that, despite your child needing a medical diet menu, you feel confident knowing that they are still receiving a balanced and enjoyable lunch. Most of our dishes are made from scratch using fresh, local ingredients without compromising on taste.

Where possible, the Nutrition Team strive to adapt the dishes already featured on the school's menu to suit your child's needs. Examples include exchanging pasta for gluten free pasta, utilising various allergen aware pizza options or using plant-based dairy substitutes. We also have a range of bespoke medical diet recipes that are not featured on our standard menus that are suitable for more numerous or complex allergies, never compromising on flavour and nutrition.

How do I apply for a medical diet?

Please complete and return the medical diet form to your child's school office, who will pass this onto our catering team. The new medical diet menus will go live [redacted].

What happens next?

The Nutrition Team will prepare a medical diet menu based on the current school menu. The allergen information is supplied directly from our manufacturers and suppliers, and products that are labelled with a 'may contain' for that allergen, will also be excluded. Your child's menu will include where possible, a choice of two main meal options and a dessert, fresh fruit, yoghurt and salad. Please note that choices may vary depending on your child's school.

Your child's menu be created ready to go live [redacted]. Once processed, you will receive a copy of your child's personal medical diet menu so you can select which dishes they would like. Please pass these choices onto the school office so they can be given to the onsite catering team. You will receive a new medical diet menu for your child every time the school's menu changes.

What if my child no longer requires a medical diet?

If your child no longer requires a medical diet, and they can eat from the standard menu, you need to inform the school office in writing, who will then pass on the written confirmation to Lunchtime Co.

MEDICAL DIET / FOOD ALLERGY REQUEST FORM

Child's name School name

Class name School year

Details of Special / Medical Requirement Requested

Allergen	Allergy / Intolerance? Tick	Allergen	Allergy / Intolerance? Tick
Celery		Molluscs	
Crustaceans		Mustard	
Gluten		Nuts	
Egg		Peanuts	
Fish		Sesame Seeds	
Lupin		Soya	
Milk / Dairy		Sulphur Dioxide	

Any other allergy, please list

.....

Please advise if the child requires a vegetarian only menu, circle the option needed **Yes or No**

By signing this form, you confirm the information detailed is correct and should the child's allergen requirements change, a new form will be completed and submitted.

I agree for this form and the information contained in it can be shared with Lunchtime Co. by the school and both parties can retain this information for the purpose of management of the child's medical diet needs.

Parent / Guardian Signature

Print Name.....

Date

The Lunchtime kitchens are nut free environments and we take every precaution to eliminate cross contamination with all allergens. However, we cannot guarantee 100% allergen free.

Please send a completed copy of this form to your school who will pass onto Lunchtime Co.

What Parents & Educators Need to Know about SCAMS AND FAKE NEWS

WHAT ARE THE RISKS?

"Fake news" refers to falsified or misleading material presented as a legitimate account of events. It's often used by malicious actors online to push an agenda, or even by criminals as a way of making scams more persuasive. Scammers can trick us into handing over personal information, security details and even our hard-earned cash.

"CLICKBAIT" PHISHING SCAMS

A message arrives saying "Have you seen this video of yourself?" or you might be sent an attention-grabbing headline about a celebrity that's been shared on social media. This kind of "bait" is produced by scammers to drive us to click on an unsafe link, where malware could be downloaded to our devices. These scams rely on our curiosity and our "need-to-know" instinct.

SALES, DEALS & DISCOUNTS

Some scams appear as adverts, offering a chance to buy something – such as designer products, expensive gadgets or tickets to a popular show – at a reduced price. Such plays often include a time limit or countdown, urging us to hurry so we don't miss out on the deal. This pressure encourages us to input personal details or payment information before pausing to check if it's legitimate.

YOU'RE A WINNER!

This kind of scam involves fake giveaways, opportunities or freebies. It could be a message saying we've won a prize draw or competition. Or it could be a gift, free trial, bonus credit, and suchlike. It might claim that a package or refund is waiting. All these techniques are used to prompt us to share our personal information, thinking that there's something to be gained by doing so.

FALSE FRIENDSHIPS

Scammers often pretend to be someone they're not to gain their victims' trust. They might attempt to convince any children they connect with that they're a child of similar age with shared interests. Warning signs include a high volume of messages (often with an intense tone), secrecy, inappropriate levels of intimacy, guilt tripping, emotional manipulation, threats or blackmail.

PANIC MODE

To trigger a sense of panic, scammers may claim that a child's account has been hacked, or a virus has been installed on their device, or any number of other scary scenarios. They may claim to be able to fix the problem or offer a solution – if the child hands over control of the device or sensitive information. Similar scams involve impersonating a friend or relative, claiming that they're in trouble and need help.

FAKE CELEBRITY ENDORSEMENTS

Impersonating influential people online is a common tactic for scammers, who can use technology to create fake photos, audio and even videos that look authentic. These can be used to convince us, for example, to buy products, sign up for so-called "business opportunities" or invest in cryptocurrency schemes – all of which are fake or otherwise malicious. Many scams also involve the impersonation of popular companies' social media accounts, as well as those of individuals.

Advice for Parents & Educators

STAY INFORMED

Stay up to date with the latest information and best practice on cyber-security. See what scam stories are reported in the news and make note of what tactics were used. Keep up with young people's digital lives: talk about what they're doing online and use properly endorsed resources to learn what risks certain sites and apps pose to their younger users.

ENCOURAGE HEALTHY SCEPTICISM

Most scams rely on emotional or psychological manipulation, tapping into our human instincts – whether that's to keep ourselves safe, help others, find answers, make friends, avoid losing out or to secure something we really want. Encourage children to recognise that pressure to act and to always consult with an adult – especially if what's on offer sounds too good to be true.

TALK TOGETHER

Chat often and openly with young people about fake news, online scams and how they both work. Encourage them to talk to you about anything they're unsure of or worried about online. If a child claims to have been scammed, don't pass judgement. Blaming the victim may deter young people from asking you for help. Remember: adults are scammed just as often, if not more.

BE PROACTIVE

Children increasingly use digital devices for education, socialising, shopping and play. Don't wait for a problem to arise before you discuss the risk of scams, false information and fake news. Highlight what to look out for and clearly communicate under what circumstances the child ought to speak to an adult. Finally, ensure that they're aware of the support services that are available to them (such as Childline).

Meet Our Expert

Dr Holly Powell-Jones is the founder of Online Media Law UK and a leading expert in digital safety, media law and young people. Her PhD investigates children's understandings of risk online. She works with schools, businesses, and universities to provide award-winning education on the criminal, legal and ethical considerations for the digital age. Visit OnlineMediaLaw.co.uk for more.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/fake-news-and-scams>

Community News



ALIVE

February 2025

Holiday Programme

17-23 February

Lynnsport, St James Pool,
Downham Leisure, Oasis
and Glebe House School

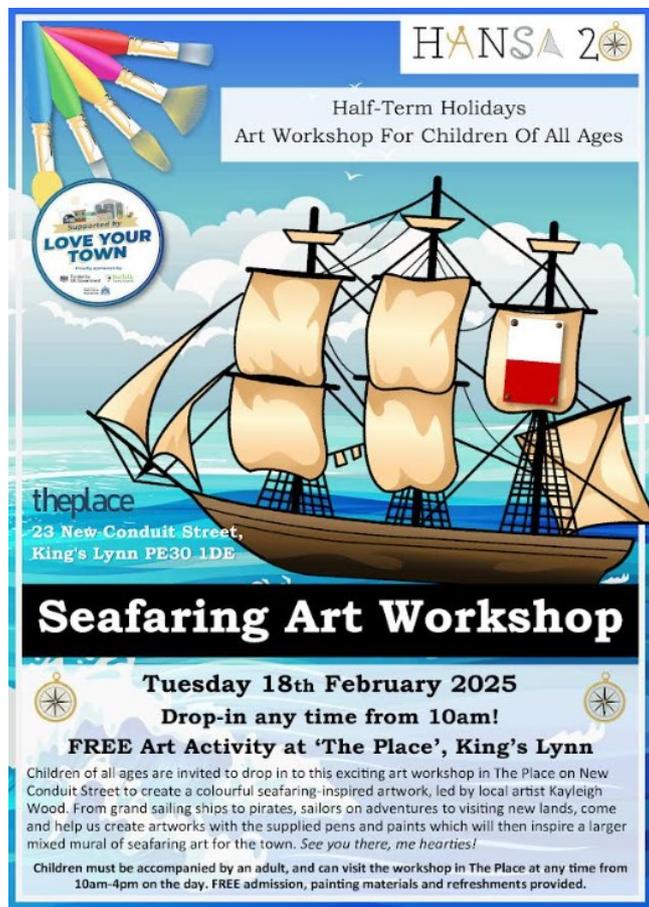
Booking is advisable for all activities

alivewestnorfolk.co.uk

Supported by
Borough Council of
King's Lynn &
West Norfolk

Scan to book

The poster features a smiling child with curly hair, wearing a blue and white striped shirt, with their hands raised to their head. The background is a soft gradient of purple and blue. There are decorative floral icons in green and pink. A QR code is located inside a red heart shape.



HANSA 20

Half-Term Holidays
Art Workshop For Children Of All Ages

theplace
23 New Conduit Street,
King's Lynn PE30 1DE

Seafaring Art Workshop

Tuesday 18th February 2025
Drop-in any time from 10am!
FREE Art Activity at 'The Place', King's Lynn

Children of all ages are invited to drop in to this exciting art workshop in The Place on New Conduit Street to create a colourful seafaring-inspired artwork, led by local artist Kayleigh Wood. From grand sailing ships to pirates, sailors on adventures to visiting new lands, come and help us create artworks with the supplied pens and paints which will then inspire a larger mixed mural of seafaring art for the town. *See you there, me hearties!*

Children must be accompanied by an adult, and can visit the workshop in The Place at any time from 10am-4pm on the day. FREE admission, painting materials and refreshments provided.

The poster features a colorful illustration of a three-masted sailing ship with yellow sails and a red and white flag, sailing on a blue sea under a blue sky with white clouds. In the top left corner, there are several colorful paintbrushes. A circular logo for 'LOVE YOUR TOWN' is also present. The text is arranged in a clear, hierarchical layout with bold headings and smaller descriptive text.

The Sandringham Estate Snowdrop Creative Workshops






February Half Term
Tuesday 18th
Wednesday 19th
Thursday 20th
1-2.30pm
£20 per person

Suitable from 3 years upwards.
One adult receives entry to the garden with every child's ticket purchased. Parking extra.

Join the Sandringham Education Team for an afternoon of creativity. Make your own snowdrop design from a range of ideas and media. All resources provided.

Located at the School Room in the Stables Courtyard
Booking Essential
<https://sandringhamestate.co.uk/events/february-half-term>



February

HALF TERM ARCHERY

FEB 15 16 22 23

£30 per 30 minute session
for up to 6 people age 8 and upwards.
Various sessions throughout the day.



At The Sandringham Estate Forest School
Booking Essential/ Parking Extra
<https://sandringhamestate.co.uk/events/february-half-term/>

The Sandringham Estate Family Forest School February Half Term







Tuesday 18th
Wednesday 19th
Thursday 20th
10.30am-12pm

Dens
Crafts
Fire
Games
Mud...
and more

Meet ups
Friendships
Play Dates
Investigate
Activate

Forest School Site (Entrance opposite the west carpark)
£10 per child adults free.
Booking essential.
Suitable for all ages.
Children must be accompanied by an adult.

<https://sandringhamestate.co.uk/events/february-half-term>



HOCKEY HEROES

5-8 YEAR OLDS

A HERO IN EVERY KID

Join our exciting new hockey programme

FIND OUT MORE: hockeyheroes.co.uk

Next 8 week course starts
February 22nd
Book via the QR code
Open to all new players ages 4 to 9





PELICANS.H.C
Est. 1920

SAFEGUARDING

Safeguarding children is the action we take to promote the welfare of children and protect them from harm. Safeguarding is everyone's responsibility. Every single person who comes into contact with children and families has a role to play. At our school we have a designated safeguarding team who are trained professionals in safeguarding, however all our staff are trained in safeguarding if you want to discuss any concerns with them.

The Safeguarding team.

If you have any concerns about a child's welfare or safety, please speak to a member of the schools safeguarding team.



Mrs Maddison



Mr Overton



Miss Calaby



Mrs Jones



Mrs Preston