

Walpole Cross Keys Primary School

Weekly Newsletter - 27th September 2024



Hello everyone,

We have raised an amazing **£63** for **Nelson's Journey**—Thank you to all that supported this cause.

On Wednesday Class 1 went on a village walk exploring the village and the different types of houses as part of their learning.

Today our Y4's have been to West Stow Anglo Saxon Village we look forward to hearing all about it.



Next week—Thursday 3rd October—Harvest Festival

Reverend Barbara Burton will be visiting for our Harvest Festival. We are kindly asking children to bring in donations for the Kings Lynn Foodbank. Any items very much appreciated, however, they are currently in need of: Shampoo, Tinned veg, Tinned fish, Cooking sauces, Small jars of coffee, Rice, Toilet rolls. Thank you for your support.



Monday 30th September—Children that are going on the **Active Kids Festival** trip please ensure you bring a packed lunch from home or select packed lunch on ParentPay by no later than midnight on Sunday.

As always, we would like to ensure that your experience at Walpole Cross Keys Primary is a positive one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

Best Wishes

Ms J. Borley (Executive Head Teacher)

Please also check page 2 for future diary dates.

Attendance

Class 1:	95%
Class 2:	96%
Class 3:	95%

Whole school: 95.5%

Attendance winners: Class 2

Congratulations to class 2!



Weekending—27.09.2024

STARS: Amelia.P(Y1), Glenn(Y3), Penelope (Y5)

KINDNESS: Bella (Y1), Cleo (Y3), Florence.E (Y4)

HANDWRITING: Jesse (YR), Millie (Y2), Rosie.C (Y5)

THANK YOU:

Freddie (Y1), Chase (Y3), Ivy.O (Y4)

Golden Broom -
Class 1



www.walpolecrosskeysprimary.co.uk

Tel: 01553 828680

Email: office@walpolecrosskeysprimary.co.uk

Governors: r.wenn@westnorfolkacademiustrust.co.uk

SENCO: primarysend@wnat.co.uk



FOLLOW US ON

twitter



FOLLOW US ON

facebook

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2024/25 can be located from the school's website. School holiday dates are slightly different to NCC.

Friday 27th September	Y4 Trip to West Stow Anglo Saxon Village
Monday 30th September	Active Kids Festival @ Lynnsport—(Selected). To bring packed lunch from home or select packed lunch on ParentPay. Thank you.
Thursday 3rd October	Harvest Festival Assembly—All food donations in by 8.45am today. Thank you for your support. SSP Quicksticks Hockey @ Lynnsport—Yr3 & Yr 4 (Selected). Consent will be required via ParentPay. Thank you.
Friday 11th October (Date to be confirmed)	Hello Yellow—Wear something YELLOW in support of World Mental Health Day
Friday 18th October	Ken Hill Trip for Class 2. More details to follow.
Wednesday 23rd October	Cross Country @ St Clements (Selected). Consent will be required via ParentPay. Thank you.
Thursday 24th October	SCHOOL CLOSURES @ 15:15 FOR HALF TERM
Monday 4th November	SCHOOL OPENS—PROMPT REGISTRATION @ 8.45AM
Friday 15th November	Cross Country Finals—TBC
Monday 18th November	Blue Cross Charity visiting Class 1
Thursday 21st November	KLFC—National League Cup Football @ Lynnsport (Selected). Consent will be required via ParentPay. Thank you.
Monday 25th November	NHS Immunisation Programme—Flu SSP Tag Rugby @ West Norfolk Rugby Club (Selected). Consent will be required via ParentPay.
Monday 9th December	NHS Immunisation Programme—Flu-Follow up session (subject to change)
Thursday 12 December	Mini Medics—Class 3
Friday 20th December	SCHOOL CLOSURES @ 15:15 FOR HALF TERM
Tuesday 7th January 2025	SCHOOLS OPENS—PROMPT REGISTRATIONS @ 8.45AM

What Parents & Educators Need to Know about INSTAGRAM

AGE RESTRICTION
13+

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

follow
WHAT ARE THE RISKS?

ADDICTION

Many social media platforms, including Instagram, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important - in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only show the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

Advice for Parents & Educators

AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

USE MODERATORS

Instagram Live has implemented a mechanic called 'Moderators', meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at eCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



Source: See full reference list on guide page at <https://nationalcollege.com/guides/instagram/0224>

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wako.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.09.2024

Community News



PELICANS HOCKEY CLUB

TRAINING TIMES



<p>Mens Section</p> <p><u>Tuesdays</u> Boys Development 6:00-7:30pm</p> <p>All Men's Teams 7:30-9:00pm</p> <p><u>Thursdays</u> Mens 1stXI 6:45-9:00pm</p> <p>Saturday Fixtures!</p> <p>Junior Section The Junior Section includes Under 8's, U10 Boys, U10 Girls, U12 Boys & U12 Girls</p> <p>Trainings are Saturdays, term time 8:45-10:30am</p>	<p>Ladies Section</p> <p><u>Wednesdays</u> Girls Development 6:00-7:00pm</p> <p>Ladies 1stXI 7:00-8:30pm</p> <p><u>Thursdays</u> Ladies 2ndXI & 3rdXI 6:00-7:30pm</p> <p>Saturday Fixtures!</p> <p>Beginner Sessions On Monday Evenings we hold a Back to Hockey session from 7:00-8:30pm</p> <p>These are beginner and refresher sessions for anyone who wants to give hockey a go at any ability!</p>
---	--

Training times are from September!



PELICANS HOCKEY CLUB







OUR TEAMS

We are proud to boast 4 Men's teams including the Men's 1stXI playing Premier League hockey, 3 quality Women's teams, 2 development and a strong Junior section ranging from Under 8's to Under 12's.

WHY PELICANS?

Pelicans Hockey Club is an **inclusive** family club for everyone. We are committed to providing a **friendly** environment in which each and every player no matter their ability, can **thrive** and **improve**.

Registration:
August 10-17
09:00am - 11:00am



At Alive Lynnsport

For more information:
<https://www.pelicanshockeyclub.co.uk>
Or scan the QR code!





LTA YOUTH START TENNIS PROGRAMME

Alive Lynnsport

6 week course £34.99
Every Wednesday from 11 September

5pm-6pm - 5-7yrs



SCAN ME



Includes an LTA Youth Start Tennis Racket, Set of Balls, Branded T-shirt, Activity Cards & Certificate!

6-7pm - 8-11yrs

SCAN ME







6 week starter course delivered by fully qualified coaches to introduce Tennis to children in a fun & relaxed environment. Mum's & Dad's can join in too! If you sign up to our Tennis programme following the 6-week course, you can enjoy 1 month FREE! Scan to book or call 01553 818001.



LTA YOUTH START TENNIS PROGRAMME

Alive Lynnsport

6 week course £34.99
Every Wednesday from 11 September

5pm-6pm - 5-7yrs



SCAN ME



Includes an LTA Youth Start Tennis Racket, Set of Balls, Branded T-shirt, Activity Cards & Certificate!

6-7pm - 8-11yrs

SCAN ME







6 week starter course delivered by fully qualified coaches to introduce Tennis to children in a fun & relaxed environment. Mum's & Dad's can join in too! If you sign up to our Tennis programme following the 6-week course, you can enjoy 1 month FREE! Scan to book or call 01553 818001.

Term Dates 2024-2025 – Primary Schools

September 2024						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2024						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November 2024						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December 2024						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

January 2025						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

February 2025						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March 2025						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2025						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2025						
M	T	W	T	F	S	S
		1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

June 2025						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

July 2025						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

August 2025						
M	T	W	T	F	S	S
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Key: White dates – school open to pupils
 Orange dates – pupil holidays
 Purple dates – staff training days
 Red dates – bank holidays

Staff training days are – Monday 2 September, Tuesday 3 September, Monday 6 January and Tuesday 22 April as whole training days.
 Friday 25 October 2024 is disaggregated.