

# Walpole Cross Keys Primary School

## Weekly Newsletter – 5th July 2024



On Monday two of our pupils who have been taking part in the Brilliant club young scholars went to Cambridge University for their graduation event- well done to Star and Ebony for completing the tutorials and project over the last term.

Tuesday our Year 5 and 6 pupils went to Gressenhall Farm and Workshop, they had a great time taking part in the active learning sessions and finding out all about what life was like for children in the Victorian countryside.

Thursday was our Move up day and Yr 6 went up to the High school for their transition day- we hope you all enjoyed your day and are looking forward to starting your new years in September. Also three of our pupils took part in the Primary Maths Challenge at Springwood High School- they all did a great job- well done!

As part of the West Norfolk Academies Trusts week of music events, on Tuesday they had an outdoor concert for our pupils who have string lessons in school along with the rest of the pupils who learn instruments within the Trust Primary schools and on Thursday some of our Class 3 pupils took part in the Summer singing concert- well done to all of those who took part.

Today, we have had our Apprentice day, it was a lovely day and a great opportunity for our pupils to put their hand to a professional role and get an idea of what these different jobs entail- we hope you learnt some great skills and enjoyed your day.

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

**Best Wishes**  
Ms J. Borley, Executive Head Teacher

### W/C 10th July...

#### Monday

- Hilltop Residential for Yr 6
- Class 3 dance rehearsals \*wear PE kits\*
- Lunchtime table tennis club
- Little city workshop at West Lynn

#### Tuesday

- Hilltop Residential for Yr 6
- Yoga & Mindfulness (selected pupils)
- Music lessons \*instruments\*
- Lunchtime reading club
- Yr 5 Opportunity day

#### Wednesday

- Hilltop Residential for Yr 6
- All yrs art club 3:15pm-4pm \*bookings\*

#### Thursday

- Class 3 swimming \*swim kits in bag\*
- Lunchtime table tennis club
- Yrs R-3 PE day \*wear PE kits\*
- Football club 3:15pm-4:15pm \*bookings\*

## Attendance

Reception: 77.5%

Year 1: 91.11%

Year 2: 81.43%

Year 3: 100%

Year 4: 100%

Year 5: 82.6%

Year 6: 96.25%

Whole school:  
89.91%

Attendance bear  
winners: Class 3



Please check following  
pages for future diary dates.

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- ✓ Yr 6 Hilltop residential: Please make sure you are aware of all details- timings etc for Sunday
- ✓ Yr 5 Opportunity Day at St Clements- Please go onto Parentpay and consent ASAP
- ✓ Class 3 Dance Festival: Please hand in permission slip- please note we need consent for the day rehearsal even if not going to attend the evening performance

## Diary Dates

**\*Please be aware that dates are for guidance only and are subject to change\***

<b>Sunday 7th to Wednesday 10th July</b>	<b>Yr6 Hilltop residential **Payments Due by 17th June*</b>
<b>Monday 8th July</b>	<b>Yrs R&amp;1 little city workshop</b>
<b>Tuesday 9th July</b>	<b>Yr5 St Clements opportunity day *PLEASE CONSENT ON PARENTPAY ASAP*</b>
<b>Tuesday 16th July</b>	<b>Yrs4-6 WNAT dance festival *Please hand back slip ASAP*</b>
<b>Friday 19th July</b>	<b>Year 6 leavers assembly @ 11am *Yr6 families only*</b>
<b>Monday 22nd July to Tuesday 3rd September</b>	<b>SCHOOL CLOSED FOR SUMMER BREAK</b>
<b>Wednesday 4th September</b>	<b>Autumn term Begins</b>

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## WEEK 3 MENU

WEEKS: 29/04, 20/05, 17/06, 08/07, 09/09, 30/09, 21/10



### STREET FEAST

#### MONDAY

Pork Sausage Served with Herby Diced potatoes & baked Beans or Fresh Salad

#### TUESDAY

Meat Feast Wholemeal Pizza Served with Baked Potato Wedges, Peas & Sweetcorn or Mixed Salad

#### WEDNESDAY

Beef Pasta Bake Served with Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad

#### THURSDAY

Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

#### FRIDAY

Fish Fingers served with Chips, Garden Peas or Baked Beans

### MAIN MEAL

Vegan Quorn Sausage Served with Herby Diced potatoes & baked Beans or Fresh Salad

Margarita Wholemeal Pizza Served with Baked Potato Wedges, Peas & Sweetcorn or Mixed Salad

Vegetable Pasta Bake Served with Garlic & Herb Bread, Seasonal Vegetables or Mixed Salad

Baked Lentil Roast served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans

### MEAT FREE

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

### JACKETS

Choice of Sandwich Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks

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### LUNCHTIME LUNCHBOX

Chocolate Brownie Fresh Fruit Pot

Fruit Muesli Bar Fresh Fruit Pot

Peach Sponge Fresh Fruit Pot

Ice Cream Thursday Vanilla Ice-Cream & Fruit Sauce Fresh Fruit Pot

Jaffa Sponge Fresh Fruit Pot

### DESSERTS

Making lunchtime the highlight of your day

If your child would like any school lunches please order for the week using ParentPay, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.

Thank you

# OLYMPIC LUNCH



**TUESDAY 16<sup>TH</sup> JULY**

**Pork Sausage or  
Quorn Vegan Sausage  
Chips**

**Baked Beans**

**Orange or Blackcurrant Squash**

**Olympic Chocolate Cup Cake**

**Fresh Fruit Pot**

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## What Parents & Educators Need to Know about

# ONLINE TROLLING

The term "Trolling" refers to sending hurtful or provocative comments – often done anonymously online – to provoke a reaction or cause emotional distress. Anonymity can embolden people into saying things they wouldn't dare say in person. Euro 2024 and other tournaments tend to put an emphasis on this, with the abuse of both players and fans often increasing during such events.

### WHAT ARE THE RISKS?

#### ESCALATION

Many trolls begin with silly, banal comments before moving on to a broader pattern of offensive messages and posts. They can also turn their attention very quickly to a new target if they grow bored with an existing one, which makes engaging with one fruitless at best – and potentially dangerous at worst.

#### HIDING BEHIND A SCREEN

Because trolls tend to use anonymous profiles, they enjoy a lack of accountability. This also means they'll often have multiple profiles, potentially switching between them regularly or posting across several of them at the same time, making a target feel as though there's no escape. After all, once you block one account, what's to stop them reappearing elsewhere?

#### 24/7 CONTACT

The internet has given us the ability to remain in contact at any time, from almost anywhere in the world. A troll having the ability to reach you whenever they want can leave you feeling like their abuse is unavoidable. While they don't see you in real life, they can message you at any time, reach out to your peers online and even try to discover your personal information to scare you.

#### HATE SPEECH

Sadly, many trolls resort to spewing racial slurs, homophobic attacks and awful stereotypes, as these often stand the best chance of causing emotional harm. This can add a hefty degree of weight to their attacks, moving from what might charitably be described as "teasing" into a genuine hate crime. After Euro 2020, three England footballers were racially abused, resulting in several prison sentences.

#### IMPACT ON VICTIMS

It's not uncommon for the victims of trolls to shut down their accounts, disappear from public life, and try to stay out of the crosshairs for a time – with some even leaving social media forever. This can have a severe impact on children and young people's connections to friends and the world at large, and may not even actually stop the troll. The victims' families, for example, may have online profiles that trolls can still access.

#### NORMALISATION OF TROLLING

It is, regrettably, inevitable that some people will go too far in their criticisms or comments, both online and in the real world. This can lead to many people seeing trolls and their abuse as part and parcel of social media – an inherent risk of interacting with others online. This doesn't mean, however, that it should be considered "normal" or even tolerated.

## Advice for Parents & Educators

#### USE PARENTAL CONTROLS

While social media platforms (where most trolling tends to happen) aren't always helpful when responding to abusive behaviour, parents can set up screen time limits, so children only get to use certain apps at certain times. There's always the potential for trolling to occur anyway – such as friends showing screenshots to one another – but this would minimise the likelihood of children seeing it.

#### DON'T ENGAGE WITH ABUSE

A well-known adage on social media is "don't feed the trolls". Fundamentally, if a child identifies a potential troll online, it's best not to engage with that individual directly. Instead, consider setting up a log to gather evidence for reporting them later on, including screenshots and quotes where possible.

#### ENCOURAGE EMPATHY

While every professional athlete aspires to maintain high standards, it's important to separate the player from the person. A player's performance doesn't make them worthy of abuse, and that can often be forgotten by younger children who simply see the colour of the shirt without considering the person wearing it. For all the rivalries between teams, it's essential children understand that players are still human beings, with families and lives outside of sport.

#### BLOCK AND REPORT

While anonymous accounts make it difficult to block trolls permanently – or even for very long – it's still good practice to help children learn to control who can engage with them online. It's not worth "feeding the trolls", and it's more helpful to block them, report them, and try to move on. Blocking and reporting is an anonymous process, too, so there'll be no indication of who specifically blew the whistle.

### Meet Our Expert

Lloyd Coombes is the Editor in Chief of GGRecon, and has been working in the gaming and tech industry for five years. A long-time fan of Arsenal, he's a parent who understands the importance of online safety. He's also a tech and fitness writer whose work has been published on sites including IGN, TechRadar and many more.



# #WakeUpWednesday

The National College®

Source: See full reference list on guide page at: [nationalcollege.com/guides/online-trolling](https://nationalcollege.com/guides/online-trolling)