

Walpole Cross Keys Primary School

Weekly Newsletter – 24th May 2024



On Thursday our **class 2** pupils have continued their rehearsals ready for their **dance festival** taking place on 18th June. Class 2 families can book their tickets direct with the **Corn Exchange**—remember to book the **AFTERNOON** performance.

Today Florence.E, Edward, Ivy.O, Florence.P, Nelly and Chase went to West Lynn Primary School to take part in the **River of Hope Celebration Event**.

Next term our allocated **PE** days are as below. Please send your child to school in their full school PE kit (pale blue polo shirt & navy shorts) with appropriate outerwear (plain navy) on their day:

Class 1&2 (years R-3) – Thursdays

Class 3 (years 4-6) – Mondays dancing (wear PE kits) & Thursdays—swimming (send with swim kits)

Please note, the school will be closed next week (27th to Friday 31st May).

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

Best Wishes

Ms J. Borley, Executive Head Teacher

STARS: Isaac.O yr1, Layla yr2 & Ella yr5

KINDNESS: Emilé yrR, Leo.A yr3 &

Alan yr6

HANDWRITING: Mabel yr1, Florence.E yr3 &

Rosie.M yr4

PHSE - know & show what makes a good relationship: Freddie & Gabby yrR and Jacob yr1

GOLDEN BROOM: Class 2

THANK YOU: Mabel yr1,

Evan yr3 & Rosie.M yr4



Attendance

Reception: 73.02%

Year 1: 98.77%

Year 2: 90.48%

Year 3: 92.59%

Year 4: 93.06%

Year 5: 100%

Year 6: 77.78%

Whole school: 89.53%

Attendance bear winners: Class 2



W/C 3rd June ...

Monday

-Class 3 dance rehearsals *wear PE kits*

-Lunchtime table tennis club

Tuesday

-Yrs2,5&6 NSPCC speak out stay safe

-Yoga & Mindfulness (selected pupils)

-Music lessons *instruments*

-Lunchtime reading club

-Yrs2-5 scrabble club 3:15pm-4pm

bookings

Wednesday

-Lunchtime golf club

-All yrs art club 3:15pm-4pm *bookings*

Thursday

-Class 3 swimming *swim kits in bag*

-Class 2 dance rehearsals *wear PE kits*

-Lunchtime table tennis club

-Yrs R-3 PE day *wear PE kits*

-Yrs3&4 tennis festival (selected pupils wear PE kits)

-Starter band practice

-Football club 3:15pm-4:15pm *bookings*

Please check following pages for future diary dates.

Tel: 01553 828680

Email: office@walpolecrosskeysprimary.co.uk

Governors: chairofgov@clenchwartonprimary.co.uk

Senco: t.menday@westnorfolkacademiestrust.co.uk

www.walpolecrosskeysprimary.co.uk





- ✓ YrR Sealife Centre 14/6: Consent & 1st instalment on ParentPay by 24th May.
- ✓ WNAT Spelling Bee 17/6: Return slip to the school.
- ✓ Yr5 Primary Maths Challenge 4/7 (selected pupils): consent on ParentPay by 7th June.
- ✓ YrsR&1 little city workshop 8/7: Consent & contribution on ParentPay by 1st July.
- ✓ Yr6 London trip 19/7: final payment due by 26th May.

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Monday 27th to Friday 31st May	SCHOOL CLOSED FOR HALF-TERM
Thursday 13th June	Art Bytes celebration event (winners & runners up)
Friday 14th June	Year R Sealife Centre *consent & pay 1st instalment by 24th May*
Monday 17th June	WNAT spelling bee final *return slip to the school*
Tuesday 18th June	Yrs2&3 dance festival
Wednesday 19th June	Yr6 London trip *final payment due 26th May*
Friday 21st June	*CHANGE OF DATE* Sports Day 10:30am (weather permitting)
Monday 24th June	Yrs5&6 Bikeability (bookings only)
Tuesday 25th June	Yr6 Soroptomist event (selected pupils)
Thursday 27th June	Yrs1&2 active kids festival *letter to follow*
Friday 28th June	YrsR-2 top link festival *letter to follow*
Tuesday 2nd July	Yrs5&6 Gressenhall
Thursday 4th July	Yr6 St Clements transition day MOVE UP DAY - ALL YEARS
	Yr5 Primary Maths Challenge *consent on ParentPay by 7th June*
Friday 5th July	Apprentice day *details to follow*
Sunday 7th to Wednesday 10th July	Yr6 Hilltop residential
Monday 8th July	YrsR&1 little city workshop *consent & contribution on ParentPay by 1st July*
Tuesday 9th July	Yr5 St Clements opportunity day *letter to follow*
Thursday 11th July	Yrs5&6 Mini Tennis *letter to follow*
Tuesday 16th July	Yrs4-6 WNAT dance festival *details to follow*
Thursday 19th July	Year 6 leavers assembly @ 11am *Yr6 families only*
Monday 22nd July to Tuesday 3rd September	SCHOOL CLOSED FOR SUMMER BREAK

LUNCHTIME CO.®

WEEK 1 MENU

WEEKS: 15/04, 06/05, 03/06, 24/06, 15/07, 16/09, 07/10



STREET FEAST

MONDAY

Sausage Roll served with Baked Potato Wedges, Peas & Sweetcorn or Mixed Salad

MAIN MEAL

TUESDAY

Chicken Fillet Burger served with Herby Diced Potatoes & Baked Beans

Vegan Sausage Roll served with Baked Potato Wedges, Peas & Sweetcorn or Mixed Salad

MEAT FREE

WEDNESDAY

Meatballs in Tomato Sauce served with Pasta and Seasonal Vegetables

Vegan Meatballs in Tomato Sauce served with Pasta and Seasonal Vegetables

THURSDAY

Roast Chicken served with Roast Potatoes, Carrots, Broccoli, Yorkshire Pudding and Gravy

Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Yorkshire Pudding and Gravy

FRIDAY

Fish Fingers or Salmon Fish Fingers served with Chips, Garden Peas or Baked Beans

Vegetable Nuggets served with Chips, Garden Peas or Baked Beans

Jacket Potato with Choice of Toppings served with Fresh Salad

JACKETS

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Jacket Potato with Choice of Toppings served with Fresh Salad

Choice of Sandwich Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks

LUNCHTIME LUNCHBOX

Choice of Sandwich Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks

Choice of Sandwich Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks

Choice of Sandwich Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks

Choice of Sandwich Ham, Cheese or Tuna Mayo Sandwich Tortilla Chips Duo of Salad Sticks

Chocolate Cracklet Fruity Jelly

DESSERTS

Apple & Berry Slice Fresh Fruit Pot

Victoria Sponge Fresh Fruit Pot

Ice Cream Thursday Vanilla Ice-Cream & Fruit Sauce Fresh Fruit Pot

Jam Sponge Fresh Fruit Pot

Making lunchtime the highlight of your day

If your child would like any school lunches please order for the week using ParentPay, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.

Thank you

10 Top Tips for Parents and Educators

ENCOURAGING HEALTHY FRIENDSHIPS

Navigating the complexities of childhood and adolescent friendships can be challenging – but with the right guidance, children and young people can cultivate meaningful, supportive relationships, some of which may last for many years. These top tips provide a comprehensive approach to fostering healthy friendships among children and young people. It's important to remember, however, that each child is different, and will require an individual approach to relationship support.

1 GRANT FRIENDSHIP OPPORTUNITIES

Encouraging children and young people to join extracurricular activities can foster healthy friendships by providing shared interests and common ground. Engaging in these pastimes offers a platform for interaction, sometimes alleviating the social pressure of knowing what to say, and helps children develop meaningful connections.

2 LEAD BY EXAMPLE

The children and young people in our lives see how we behave, the connections that we've made and the interactions between us and others. When we model healthy friendships, we set an example and help youngsters to understand what healthy friendships looks like and how to navigate them.

3 HELP THEM LOVE THEMSELVES

Healthy friendships aren't just about dynamics with other people. They're about our relationship with ourselves. For overall wellbeing, it's important for a child to have the space to build their self-esteem and a positive self-image, as these factors can have a notable influence on the friendships they form throughout life.

4 MONITOR SCREEN TIME

Too much screen time can affect some children's wellbeing in general, but it can specifically impact friendships if it results in fewer positive social interactions. In some cases, reducing screen time and encouraging children and young people to find ways to interact face-to-face can have positive results. It's also important to remember that young people can make positive friendships online, but they will require support to do this safely.

5 TEACH PROBLEM-SOLVING

Inevitably, friendships can run into problems. However, this is also an opportunity to support children and young people to work through any difficulties that may arise. It can be tempting to intervene and try to fix these issues for those involved, but helping them consider ways of resolving conflict or managing difficult situations for themselves can help them create stronger friendships.

6 EMPOWER THE CHILD

When we give children and young people the confidence to choose their friends, navigate interpersonal boundaries and consider how they want to interact with the different people around them, we empower them to take control of the friendships they have. When young people feel in control of these things, they're more likely to make positive choices and remain aware of the signs of a negative relationship.

7 TEACH EMPATHY

'Healthy friendships' doesn't always mean 'perfect'. Sometimes, disagreements can happen. When we teach children and young people to have empathy, we help them to see both sides of a relationship; to be mindful of the challenges a friend might be facing or whatever else might be going on. This can help children and young people to build stronger friendships.

8 BE OPEN TO QUESTIONS

Talking to young people about their friendships, who they spend time with and who they interact with can open the door to questions if they have concerns. Initially, these queries may be straightforward, but if we are receptive to discussion from the outset, young people are more likely to come to us for help when they are older as well.

9 UNDERSTAND BOUNDARIES

One of the keys to a healthy friendship is honouring boundaries. This can include anything from respecting personal space and belongings to acceptable language and behaviour. Understanding the importance of setting these limits and upholding those set by others can help children stay safe. If young people figure out their boundaries and feel comfortable enforcing them, they're more likely to call someone out if they go too far.

10 SPOT THE SIGNS

We can't always supervise young people: sometimes, we need to step back and give them some space. However, it's important to consider any indicators that they may be struggling in their friendships. Are they becoming increasingly irritable? Does their behaviour alter when they've been with their friends? Are they becoming withdrawn or reluctant to take part in certain activities? These could all be signs that they're finding things difficult, and we should remain alert to such changes.

Meet Our Expert

Becky Dawson is an experienced educator who has worked in primary and secondary schools for 20 years. She is a facilitator, consultant and coach working with young people and the adults who work with them, with a focus on developing understanding and skills around mental health, wellbeing and safeguarding.



The National College®



FATHER'S DAY ARCHERY

SUNDAY JUNE 16 TH

£30 per 30 minute session

for up to 6 people.



At The Sandringham Estate
Forest School Area

TREAT YOUR DAD TO A FUN SESSION OF
RECURVE TARGET ARCHERY

PROVIDED BY
LAVENDER FOREST TARGET SPORTS

BOOKINGS: [HTTPS://SANDRINGHAMESTATE.CO.UK/EVENTS](https://sandringhamestate.co.uk/events)



May Half-Term Sandringham Estate

Forest School Canopy



29 30 31 May

1 hr Sessions: 10.30 12.00 1.30

£12 per child

(min of 1 adult to attend with each child max of 2)

Parking extra

booking essential limited spaces

<https://sandringhamestate.co.uk/events>



29 May: The Ugly Bug Ball:

make a clay creature, make a bug house, bug hunt and buggy games



30 May: The King's Garden:

make a miniature garden fit for H.R.M. the King on a plate.



31 May: Save the Bees and

Butterflies: Make a seed bomb and whittle your own seed bomb dibber. Design your own packaging.

ST. GEORGE'S GUILDHALL

May Half-Term Activities

JOIN US FOR AN EXCITING PROGRAMME OF ACTIVITIES INSPIRED BY

ROALD DAHL'S FANTASTIC MR. FOX



FAMILY TRAIL
Saturday 25th May -
Saturday 1st June 2024

PLAY-IN-A-DAY
Tuesday 28th May 2024

FAMILY SESSIONS
Wednesday 29th May 2024

DRAGONS ARTS CLUB
Thursday 30th May 2024

Booking is essential via www.guildhall-events.co.uk
St. George's Guildhall, 29 King Street, King's Lynn. PE30 1HA

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