

Walpole Cross Keys Primary School

Weekly Newsletter – 22nd March 2024



On Monday our **reception** pupils visited Clenchwarton to take part in their **fire service** visit. During the visit they learnt more about being a firefighter, had a look around their fire engine and experienced using the fire hose.

As part of Shakespeare week **class 3** enjoyed a **puppetry workshop** – A Midsummer Night's Dream – and made their own puppet characters.

Yesterday our **Junior Leadership Team** (JLT) went to the **Houses of Parliament** where they had a guided tour and found out how people in the past and today helped shaped the laws made by UK parliament. During the week we have enjoyed hosting **class assemblies** for parents/carers, we hope you enjoyed a glimpse of what the children have been doing in school.

STAFFING NEWS – Miss Calaby will be returning to work after the Easter break. This means we are saying goodbye to Mrs Reale who has been covering maternity leave for us, Mrs Reale's last day will be Wednesday 27th March. Thank you for everything and we wish you all the very best in your next chapter.

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

Best Wishes

Ms J. Borley, Executive Head Teacher

****Lunchtime Company News**** Pupil paid meals will increase to £2.60 per meal from 1st April 2024.

STARS: Jacob yr1, Cleo yr2 & Clay yr5
KINDNESS: Bella yrR, Nelly yr3 & Eli yr5
HANDWRITING: Brody yr1, Ivy.O yr3 & Kobi yr6
PHSE - good friends, healthy relationships: Gabby yrR, Brody yr1, Chase yr2, Florence.E, Ivy.O, Leo & Evan yr3, Eli yr5
GOLDEN BROOM: Class 2
THANK YOU: Amelia yrR, Layla yr2 & Leon yr4



Attendance

Reception: 79.37%

Year 1: 97.53%

Year 2: 98.41%

Year 3: 92.59%

Year 4: 94.44%

Year 5: 94.44%

Year 6: 84.72%

Whole school: 91.72%

Attendance bear winners: Class 2



Next week ...

Monday

- Rev Burton Easter assembly
- Yrs 2&3 PE day *wear PE kits*
- Lunchtime table tennis club

Tuesday

- Music lessons *remember instruments*
- Lunchtime reading club
- PHSE & homework displays 3:15pm
- *parents/carers invited to have a look at displays in classrooms*

Wednesday

- Lunchtime games club

SCHOOL WILL BE CLOSED FROM THURSDAY 28TH MARCH TO FRIDAY 12TH APRIL FOR EASTER BREAK

Please check following pages for future diary dates.

Tel: 01553 828680

Email: office@walpolecrosskeysprimary.co.uk

Governors: chair@gov@clenchwartonprimary.co.uk

Senco: t.menday@westnorfolkacademiustrust.co.uk

www.walpolecrosskeysprimary.co.uk





- ✓ Yrs2&3 swimming 25/4-23/5: Consent on ParentPay by 22nd March.
- ✓ Yr6 Crucial Crew 29/4: Consent on ParentPay by 22nd March.
- ✓ Yr6 London theatre 19/6: Pay 2nd instalment by 31st March.
- ✓ Yrs5&6 Gressenhall 2/7: 2nd payment due by 30th April.

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Thursday 28th March to Friday 12th April	SCHOOL CLOSED FOR EASTER BREAK
Tuesday 23rd April	SPECIAL LUNCH—St George's Day *no jacket potato or school packed lunch options* Coffee & Cake afternoon @ 2:30pm *parents/carers invited to attend*
Monday 29th April	Year 6 Crucial Crew *consent on ParentPay by 22nd March*
Tuesday 30th April	Yrs1-4 Trigolf *details to follow*
Thursday 2nd May	Yr1 Judaism workshop *letter to follow*
Monday 13th May	Year 6 SATs week
Friday 17th May	Year 6 End of SATs celebration lunch
Friday 24th May	Preloved Uniform stall *before & after school*
Monday 27th to Friday 31st May	SCHOOL CLOSED FOR HALF-TERM

Parent Governor Vacancy



We are pleased to let you know we currently have a **Parent Governor vacancy**. The Governors of Walpole Cross Keys Primary School hold regular **meetings** in which they discuss and make decisions concerning the curriculum, school policies and many other issues that directly affect the well-being of the chil-

dren at the school. Being a school Governor involves having a **privileged insight** into the running of the school and any prospective Governor must understand the need for **confidentiality**. The Governing Body will also expect that any new Governor would be willing to attend a **short training course**.

Please consider whether you might make a good Governor and if you are interested in applying please email or call the school office for an **application form**. Should there be more applicants than spaces available, an election will be held.

Closing date extended: Friday 19th April 2024



PUPIL SPOTLIGHT

This week we have two superstars to let you know about. Zoe yr2 passed her stage 3 swimming and will now move up to the big pool. Florence.E yr3 came 2nd in the Eastern counties Sports Acrobatics finals at Milton Keynes and is now through to the inter regional championships representing the East of England in May. Well done girls, keep working hard.

If your child has a particular talent, we would love to hear about it and celebrate any successes they have had with the whole school community. Please send us information via email — office@walpolecrosskeysprimary.co.uk.



Coffee & Cake Afternoon



On Tuesday 23rd April we are holding our first coffee and cake afternoon at 2:30pm at Walpole Cross Keys Primary School. We will be joined by Sarah from the Family Hub. Sarah will be available for a friendly chat and to offer signposting to activities and services for all your family support needs in the local area.

We look forward to welcoming you all.

If you require any further information please email:
g.scott@westnorfolkacademiustrust.co.uk

Week 2

Monday

Tuesday

STREET FEAST
WEDNESDAY

Thursday

Friday

Main Meal

Macaroni Cheese with Crispy Bacon Topping served with Garlic & Herb Bread and Rainbow Roasted Vegetables
(G) (W) (MK) (SO) (MU)

Homemade Wholemeal Meat Pizza served with Herb Sautéed Potato and Baked Beans or Fresh Salad
(G) (W) (E) (SO) (MK)

Meat Free

Traditional Macaroni Cheese served with Garlic & Herb Bread and Rainbow Roasted Vegetables
(G) (W) (MK) (SO) (MU)

Homemade Wholemeal Margherita Pizza served with Herb Sautéed Potato and Baked Beans or Fresh Salad
(G) (W) (E) (SO) (MK)

Pasta and Jackets

Jacket Potat with Choice of Toppings served with Fresh Salad
(MK) (F) (E)

Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread
(G) (W) (MK) (SO) (MU)

Lunchtime Lunchbox

Cheese Sandwich Tortilla Chips Salad Sticks Choose one of our Fabulous Desserts
(G)(W)(B)(SO)(MK)(SE)

Ham Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Desserts
(G)(W)(B)(E)(MK)(SO)(SE)

Tuna Mayo Sandwich Tortilla Chips Salad Sticks Choose one of our Fabulous Desserts
(G)(W)(B)(F)(E)(SO)(SE)

Desserts

Chocolate & Orange Shortbread Fresh Fruit Pot
(G) (W)

Oaty Flapjack Fresh Fruit Pot
(G) (W) (B) (MK)

Lemon Drizzle Fresh Fruit Pot
(G) (W) (E)

Next week's menu:

SCHOOL CLOSED

CHANGE OF MENU :
Main — Fish Fingers
Meat free — vegan sausage roll

Jacket Potato with Choice of Toppings served with Fresh Salad
(MK) (F) (E)



Making lunchtime the highlight of your day

If your child would like any school lunches please order for the week using **ParentPay**, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.

Thank you

Clubs Overview Summer Term 2024

Please see below a list of lunchtime and after school clubs taking place at Walpole Cross Keys for the above term. Thank you

Day	Theme	Dates / Times	Year Group	Cost
Monday	LUNCHTIME TABLE TENNIS CLUB with Mr Overton	15 th April to 20 th May 12:30pm-12:50pm	All years	Free: No booking necessary
Tuesday	LUNCHTIME READING CLUB with Mr Overton	16 th April to 21 st May 12:30pm-12:50pm	All years	Free: No booking necessary
Wednesdays	LUNCHTIME GOLF CLUB with Mr Overton	17 th April to 22 nd May 12:30pm-12:50pm	All years	Free: No booking necessary
Thursdays	LUNCHTIME TABLE TENNIS CLUB with Aaron	18 th April to 23 rd May 12:30pm-12:50pm	Years 4, 5 & 6	Free: No booking necessary
	FOOTBALL CLUB with Aaron (football boots & shin pads are optional)	18 th April to 23 rd May 3:15pm-4:15pm	All years	£3.50 per session totalling to £21 for 6 weeks Book & pay direct with ICS Coaching by 18 th April (link will be sent out via email & posted on Facebook)

10 Top Tips for Parents and Educators

ENCOURAGING OPEN CONVERSATIONS AT HOME

With tricky topics and occasional clashes of opinion, it can be challenging to maintain an environment where children feel able to talk candidly and honestly. However, encouraging such conversations helps to develop trust – making it easier to unpack even sensitive subjects as children get older. Here are our top tips for promoting open conversations at home.

1 CREATE A SAFE SPACE



Criticism, blaming or shaming can all prevent children from feeling emotionally safe – while showing affection, positive attention and an interest in what a child has to say builds their sense of security. These formative years are when children's opinions and values begin to take shape, so it's important to provide a non-judgmental environment in which to discuss them – especially if their opinions differ from your own.

2 CONSIDER OTHER OUTLETS



Some children may find it easier to talk while they're participating in another activity such as drawing, writing, walking or sport. If it's possible, taking part in these activities together presents you with an opportunity to communicate while doing something side by side. A child may feel less pressure that way and can be more inclined to open up of their own accord.

3 NORMALISE CHATS ABOUT FEELINGS



Incorporate mental health and emotional wellbeing into everyday conversations, using age-appropriate language and examples to help children understand their emotions. Ask questions like "How are you feeling today?", "What was the best and worst part of your day?", "If you could start today again, what would you do differently?" and "Is there anything you want to talk about?"

4 LISTEN ACTIVELY



When children express themselves, make it obvious that you're listening closely and giving them your full attention. Maintain eye contact and validate their feelings without immediately trying to solve the problem. It's not helpful to dismiss their issues as childish or 'teenage angst' – or to assume that they'll simply 'get over' whatever they're feeling. Children don't have your life experience; their resilience is still developing as they learn to push through difficulties and handle problems.

5 ASK OPEN QUESTIONS



Encourage children to share their thoughts by asking open questions about their feelings and experiences. Closed questions (such as "Did you enjoy school today?") are more likely to elicit a simple "yes" or "no" response. Instead, you could ask things like "Who did you spend time with at break?" or "Who did you sit with at lunchtime?"

6 RESPECT THEIR BOUNDARIES



If a child isn't ready to talk to about something yet, respect their boundaries: this reinforces that their feelings are important and worthy of consideration. Ideally, you're aiming to let them know you care without smothering them, so just make it clear that you're there for them whenever they're ready to chat. Gentle, regular check-ins can sometimes be the best form of progress.

7 LEAD BY EXAMPLE



Model open, honest and healthy communication in front of children and young people. Try to demonstrate kindness when talking about others and yourself, because if children hear adults being overly harsh, critical or judgmental, or see them having unrealistic expectations of themselves, it makes them more likely to adopt and repeat this behaviour themselves as they grow.

8 HAVE REGULAR CHECK-INS



Check in with children periodically to discuss how they're feeling and what's going on in their lives. This could be a weekly or monthly conversation, where the child has an opportunity to share whatever's on their mind. For parents and carers, getting away from the house and other distractions might be productive here: you could consider regular trips to a coffee shop or a café, or just a weekly walk.

9 PROVIDE RESOURCES



It's often beneficial to let children know about other support that's available to them if they're struggling to talk to you specifically. Encourage them to talk to school counsellors, trusted adults or even a therapist, if necessary – while normalising this route and dispelling the harmful stigma around asking for help. Older children could engage with resources such as Kooth or YoungMinds.

10 CELEBRATE EMOTIONAL EXPRESSION



It's beneficial to praise children for expressing their feelings honestly – emphasising how important it is to talk about their emotions and how proud you are of them for doing so. This can be especially pivotal for boys, who often experience more of a stigma around talking frankly about their feelings and their mental health – a barrier that can be overcome, with enough love and support.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



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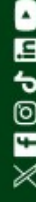
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Click here to book

communitysportsfoundation.org.uk

Norwich City Community Sports Foundation, Norwich City FC, Carrow Road, Norwich, NR1 1LE. Registered charity number: 1088219



GRAFFITI
CLASSICS

The Comedy String Quartet

PRESENTS

PLAYGROUND PROMS

POP-UP SHOWS IN NORWICH

SATURDAY 23 MARCH 2024

10:30 – Norwich Cathedral

11:30 – Chantry Place

13:00 – Norfolk and Norwich Hospital



Supported using public funding by

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