Walpole Cross Keys Primary School Weekly Newsletter - 16th February 2024



On Monday afternoon our tag rugby team went to the West Norfolk Rugby Club to take part in a SSP Festival. They all played really well, learning lots of new skills and working together as a team. Well done everyone.

Thankyou to everyone who supported our PTA on non uniform day, we managed to raise a fabulous total of £59.50, every penny goes directly towards creating special memories for all our pupils.

Next term our allocated PE days are as below. Please send your child to school in their full school PE kit (pale blue polo shirt & navy shorts) with appropriate outerwear (plain navy) on their day: Class 2 (years 2&3) — Mondays Class 1&3 (years R, 1,4-6) — Thursdays

Please remember we are closed next week for half-term. We will be back open for pupils on Monday 26th February. Have a lovely break everyone.

As always, we would like to ensure that your experience at Walpole Cross Keys Primary is a positive one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

Best Wishes Ms J. Borley, **Executive Head Teacher** **Lunchtime Company News** Pupil paid meals will increase to £2.60 per meal from 1st April 2024.

STARS: Isaac.O yr1, Chase yr2 & Taylor yr4 KINDNESS: Bella yrR, Cleo yr2 & Josie yr4 HANDWRITING: Brody yr1, Ivy.H yr2 &

Rosie.M yr4

PHSE healthy eating: All class 1, Zoe yr2, Florence.P yr3, Penelope yr4 & Ebony yr6

Golden Broom: Class 2

THANK YOU: Gabby yrR, Zoe yr2 &

Lilley yr4

Attendance

Reception: 79.37%

Year 1: 96.3%

Year 2: 96.83%

Year 3: 83.33%

Year 4: 85.71%

Year 5: 88.89% Year 6: 97,22%

Whole school: 90.22%

Attendance bear winners: Class 3

Missing a day of school a week

w/c 26th February ...

Monday

- -Yrs 2&3 PE day *wear PE kits*
- -Lunchtime table tennis club

Tuesday

- -Music lessons *remember instruments*
- -River of Hope artist visiting class 2
- -Lunchtime reading club

Wednesday

- -Hayley Roberts public speaking rehearsal
- -Lunchtime games club

Thursday

- -Yrs R, 1, 4-6 PE day *wear PE kits*
- -Starter band practice *sign ups only*
- -Football club 3:15pm-4:15pm *bookings* Friday
- -Yrs 2&3 river trip

Please check following pages for future diary dates.

Email: office@walpolecrosskeysprimary.co.uk Tel: 01553 828680 Governors: chairofgov@clenchwartonprimary.co.uk Senco: t.menday@westnorfolkacademiestrust.co.uk www.walpolecrosskeysprimary.co.uk









PRELOVED UNIFORM STALL

If you are looking for a particular item of uniform in a certain size please contact the school office and we will check our stock to see if we can help you.

Thank you





- ✓ Yrs2&3 river trip 1/3: Consent and pay on ParentPay by 16th February.
- ✓ Parent consultations 6/3: Complete online booking form by 28th February.
- ✓ Houses of Parliament 21/3: Pay final instalment by 4th March.
- ✓ Yr6 London theatre experience 19/6: Consent and pay first instalment by 29th February.
- ✓ Yrs5&6 Gressenhall 2/7: Consent and 1st payment due by 1st March.

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Monday 19th to Friday 23rd February	SCHOOL CLOSED FOR HALF-TERM BREAK
Friday 1st March	Yrs2&3 river trip *consent and payment by 16th February*
Wednesday 6th March	Public speaking event (selected pupils)
	Parent consultations 3:30pm-7:30pm (class 1 6:30pm end) *complete online form by 28th February*
Thursday 14th March	Yrs3&4 Bee Netball *letter to follow*
Friday 15th March	Red Nose Day *details to follow*
Thursday 21st March	Houses of Parliament (JLT Team)
	pay final instalment by 4th March
Friday 22nd March	Preloved uniform stall
Thursday 28th March to Friday 12th April	SCHOOL CLOSED FOR EASTER BREAK

After School Clubs Overview Spring Term 2024

Please see below a list of lunchtime and after school clubs taking place at Walpole Cross Keys for the above term. Thank you

Day	Theme	Dates / Times	Year Group	Cost
Monday	LUNCHTIME TABLE TENNIS CLUB	26 th February to 25 th March	All years	Free:
	with Mr Overton	12:30pm-12:50pm		No booking necessary
Tuesday	LUNCHTIME READING CLUB with Mr	27 th February to 26 th March	All years	Free:
	Overton	12:30pm-12:50pm		No booking necessary
Wednesdays	LUNCHTIME GAMES CLUB	28 th February to 27 th March	All years	Free:
		12:30pm-12:50pm		No booking necessary
Thursdays	LUNCHTIME TABLE TENNIS CLUB	29th February to 21st March	Years 4, 5 & 6	Free:
	with Aaron	12:30pm-12:50pm		No booking necessary
	FOOTBALL CLUB with Aaron	29th February to 21st March	All years	£3.50 per session totalling to
	(football boots & shin pads are optional)	3:15pm-4:15pm		£14 for 4 weeks
				Book & pay direct with ICS
				Coaching by 28th February
				(link will be sent out via email & posted on Facebook)

Menu w/c 26th February:

(please note change of menu this week highlighted blue)

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non with or

Week 1	Monday	Tuesday	STREET FEAST WENNESDAY	Thursday	Friday
	Swapped top Wednesday		Swapped top Monday]	J
Main Meal	Beef Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetorn	Mild Chicken Fajita Wrap served with Wholegrain Rice, Peas & Sweetcorn	Sausage Baguette served with Potato Wedges & Seasonal Vegetables	Roast Chicken served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy	Fish Fingers or Salmo Fish Fingers served wi Chips, Garden Peas o Baked Beans
	(G) (W) (MK) (SO) (MU)	(G) (W) (MK)	(G) (W) (SO) (SE)	(G) (W)	(G) (W) (F)
Meat Free	Vegetable Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn	Vegetable Fajita Wrap served with Wholegrain Rice, Peas & Sweetcorn	Vegan Quorn Sausage Baguette served with Potato Wedges & Seasonal Vegetables	Quorn Fillet served with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy	Vegetable Nuggets ser with Chips, Garden P or Baked Beans
	(G) (W) (MK) (SO) (MU)	(G) (W) (MK)	(G) (W) (SE)	(G) (W) (E)	(G) (W)
Pasta and Jackets	Jacket Potato with Choice of Toppings served with Fresh Salad (MK) (F) (E)	Pasta Twists with Homemade Tomato and Vegetable Sauce served with Fresh Salad and Chunky Bread (G) (W) (MK) (SO) (MU)	Jacket Potato with Choice of Toppings served with Fresh Salad (MK) (F) (E)	Pasta Twists with Cheddar Cheese Sauce served with Fresh Salad and Chunky Bread (G) (W) (MK) (SO) (MU)	Jacket Potato with Cho of Toppings served wi Fresh Salad (MK) (F) (E)
Lunchtime Lunchbox	Cheese Sandwich Tortilla Chips Salad Sticks Choose one of our Fabulous Desserts	Ham Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Deserts	Tuna Mayo Sandwich Tortilla Chips Salad Sticks Choose one of our Fabulous Desserts	Ham Sandwich Cheese Straw Salad Sticks Choose one of our Fabulous Desserts	Cheese Sandwich Tortilla Chips Salad Sticks Choose one of our Fabulous Desserts
Desserts	Chocolate Crunch Fresh Fruit Pot	Vanilla Sponge & Peaches Fresh Fruit Pot	Toffee Apple Crumble Fresh Fruit Pot	Vanilla Ice-Cream & Fruit Sauce Fresh Fruit Pot	Iced Chocolate Cake Fresh Fruit Pot
	(G) (W) (E)	(G) (W) (E) (MK)	(G) (W)	(MK)	(G) (W) (E)

Making lunchtime the highlight of your day

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulpities (SU), Wheat (W)

Thank you

on Monday with your child's choices for the week.

What Parents & Carers Need to Know about ONLINE DATING & RELATIONSHIPS

WHAT ARE THE RISKS? Most online dating apps claim to be for over-18s only but, in some cases, relaxed age verification also allows children to access them. What's more, some popular social media platforms use similar design features to many dating sites – blurring the line between why a young person initially downloads an app and what they actually end up using it for.

ONLINE GROOMING

Online grooming is when someone forms a connection with a child in the digital world and carefully cultivates this relationship with the intention of manipulating the child into doing something sexual or illegal. The process involves gaining the young person's confidence – which can make them far less likely to tell a trusted adult about their new online 'friend', or to recognise what is even happening.

WEBCAM BLACKMAIL



Some young people have been coaxed into getting nude or semi-nude on a video chat with someone they met on a dating platform. They're then told that, unless they hand over a certain amount of money, a recording of the video will be posted online (or possibly sent to their contacts). This can be hugely traumatic for a young person and, in extreme cases, has resulted in self-harm and even suicide.

DAMAGE TO SELF



Many dating platforms encourage users to rate the images that people upload; this has clear potential to negatively impact a young person's self esteem. On some apps, pictures of a user's face and body can be rated anonymously, with notifications informing them if someone has then declined to match with them. This form of rejection can feel extremely hurtful and degrading.

CATFISHING AND SCAMS

Creating a false identity to deliberately lure people into a relationship (whether romantic or platonic) online is known as catfishing. Commonly, someone pretends to share interests or beliefs with their victim and gradually gains their trust. A young person's feelings for this fake 'friend' may cloud their judgement and can lead to them surrendering money, personal images, passwords and so on.

STALKING AND HARASSMENT

Stalking is obsessive behaviour by a fixated individual which disrupts their victim's life; it can bring severe distress and even the fear of violence. There have been frequent reports of stalking cases that originated on dating apps, with perpetrators creating new accounts in response to being reported or blocked. It's a particular cause for concern if a young person has ever given out personal details (such as their street or school name) online.

Advice for Parents & Carers

KEEP THE CONVERSATION GOING

Reassure your child that they can always talk to you about anything online that's worried them. Emphasise that if they're being sent unwanted images — or if they've shared images or video content themselves — they should tell you straight away. Discuss the potential risks of online dating and check in with them frequently to ensure that they're feeling comfortable about their online relationships.

TAKE A 'SAFETY FIRST' STANDPOINT

Encourage young people to be careful about who they send invitations to – and accept them from – on dating sites and apps. Familiarise yourself with how to adjust the privacy settings on your child's devices and apps to help them control who can access their profiles and information. Talk to your child about why it's unwise to share any sensitive, private or confidential information in their profile.

PROTECT CONTACT DETAILS

If a young person is interested in using online dating sites or apps, strongly encourage them to choose one that offers the facility to conceal both parties' email addresses when messaging prospective dates. If that's not possible, ensure that the young person sets up a separate email address which doesn't include their real name. This is easy to do via providers like Hotmail, Yahoo! Mail or gmail.

HIGHLIGHT COMMON DANGER SIGNS

Talk to your child about some of the obvious red flags in online dating: requests for money, for instance, should always ring alarm bells. Likewise, if a young person is in contact with someone who they feel is pressuring them into providing personal or financial information — or who they suspect is trying to trick them into it — they should end communication immediately and contact the dating service provider.

Meet Our Expert

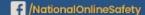
Rebecca Jennings has more than 20 years' experience in the field of relationships, sex and health education (RSHE). As well as delivering workshops and training for young people, parents and schools, she is the property property of Education (RSHE).



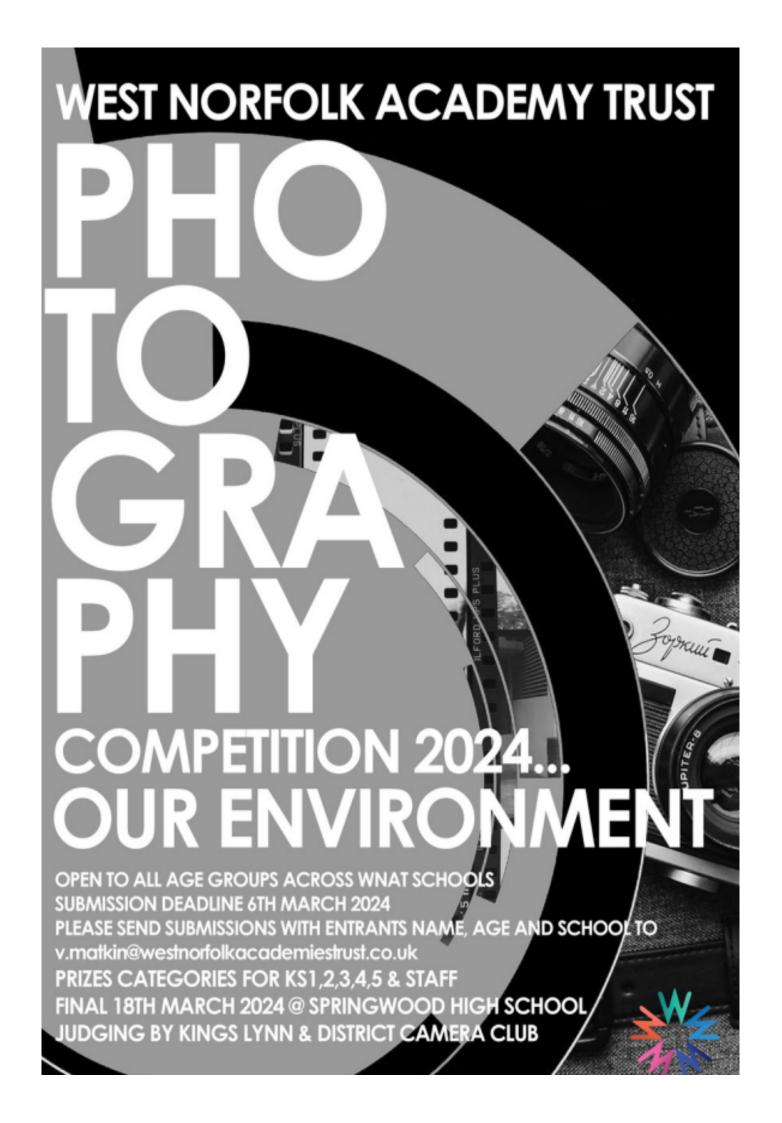
The National College















Free Tea / Coffee served during the break. Bring your own refreshments

To book Contact: Julian Beeken on 01945 430102

by 6th February

Funds in aid of Marshland Hall

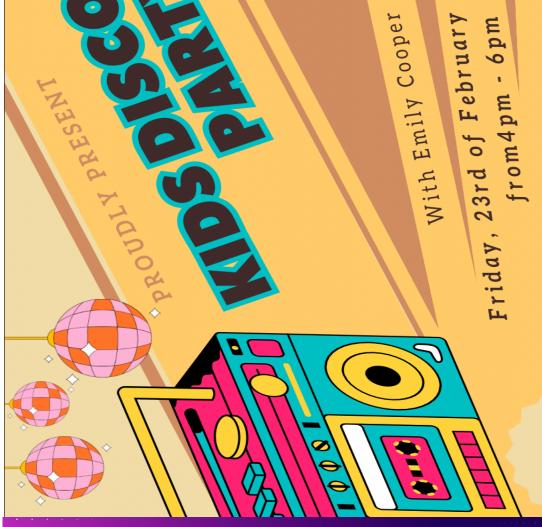
Walk-Ins Welcome

Do you have what it takes to be the ultimate quiz champion? Then, gather your friends and join us for Quiz Night at Marshland Hall & Tearoom. This is your chance to show off your knowledge and have fun in a friendly competition.

SATURDAY, 24TH FEBRUARY

DOORS OPEN 7PM | MARSHLAND HALL & TEAROOM START AT 7:30 PM

Team of 4 Tickets **£10.00** (£2.50 per head) If possible could Each Team provides a **1 draw prize**



£6 PER KID
(INC 1
ADULT http
FREE)

Marshland Hall & Tearoom

https://www.ticketsource.co.uk

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Marshland Hall
R Tea Room
Beating at the heart of the community