

# Walpole Cross Keys Primary School

## Weekly Newsletter – 15th September 2023



Yesterday our year 5 pupils went to Springwood High School to watch the West Norfolk Academies Trust Springwood Concert Band Live Performance. We hope these events will inspire the next generation of musicians within our local area by experiencing live music performed by students not much older than themselves.

Next week class 3 pupils will begin their rehearsals with Hayley Roberts in readiness for the WNAT remembrance performance taking place in November. Once we have details of the performance we will let you know.



Please be mindful of parking during drop off and pick up, avoid blocking driveways or parking in allocated bus stop areas. Strictly no stopping on the yellow zigzag area. Thank you

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance, please telephone, email the school office or speak with the class teacher.

Best Wishes

Ms J. Borley, Executive Head Teacher

STARS: Emilé (YrR), Edward (Yr2) & Bethany (Yr5)  
KINDNESS: Millie (Yr1), Florence.P (Yr3) & Alfie (Yr5)  
HANDWRITING: Isaac.O (Yr1), Layla (Yr2) & Penelope (Yr4)  
FRENCH: Chase (Yr2)  
PHSE: Glenn (Yr2), Ivy.O (Yr3), Florence.P (Yr3), Nelly (Yr3), Ebony (Yr6), Bluebell (Yr6), Daneilla (Yr6) & Star (Yr6)  
GOLDEN BROOM: Class 2  
THANK YOU: Mabel (Yr1), Ivy.H (Yr2) & Leon (Yr4)



### Next week ...

#### Tuesday

-Music lessons \*remember instruments\*

#### Wednesday

-Hayley Roberts remembrance rehearsals  
-James Wild MP school visit  
-Lunchtime games club  
-PTA tuck shop \*3:15pm in playground\*  
-Yrs 3-6 golf club 3:15-4pm \*bookings only\*

#### Thursday

-Yrs 2-6 PE day \*wear PE kits\*  
-Starter band practice @ St Clements High \*pick up 5pm from high school\*  
-Yrs 2-6 scratch computing club 3:15-4pm \*bookings only\*  
-All yrs football club 3:15pm-4:15pm \*bookings only\*

#### Friday

-Jeans for Genes day \*pupils may wear jeans with normal school tops—no donations required\*  
-Yrs R&1 PE day \*wear PE kits\*

## Attendance

Reception: 98.15%

Year 1: 91.67%

Year 2: 98.41%

Year 3: 98.41%

Year 4: 98.41%

Year 5: 94.44%

Year 6: 97.22%

Whole school: 96.6%

Attendance bear winners: Class 2

Please check following pages for future diary dates.

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Governors: [chairofgov@clenchwartonprimary.co.uk](mailto:chairofgov@clenchwartonprimary.co.uk)  
[www.walpolecrosskeysprimary.co.uk](http://www.walpolecrosskeysprimary.co.uk)





- ✓ Data collection sheets: Sent home with pupils this week, please check details are correct. Sign and date the form and return to the school.
- ✓ All years gymnastics: Provide consent on ParentPay no later than 6th October 2023.

## Diary Dates

**\*Please be aware that dates are for guidance only and are subject to change\***

<b>Wednesday 27th September</b>	<b>Harvest assembly *information to follow*</b>
<b>Thursday 28th September</b>	<b>EYFS village walk</b>
<b>Thursday 5th October</b>	<b>Yrs1&amp;2 active kids festival *information to follow*</b>
<b>Friday 6th October</b>	<b>Yrs3&amp;4 quicksticks hockey *information to follow*</b>
<b>Monday 23rd to Friday 27th October</b>	<b>SCHOOL CLOSED FOR HALF-TERM</b>

### After School Clubs Overview Autumn Term 2023

Please see below a list of lunchtime and after school clubs taking place at Walpole Cross Keys for the above term. Thank you

Day	Theme	Dates / Times	Year Group	Cost
Wednesdays	LUNCHTIME GAMES	13 <sup>th</sup> September to 18 <sup>th</sup> October 12:30pm-12:50pm	All years	Free: No booking necessary
	GOLF with Mr Overton	13 <sup>th</sup> September to 18 <sup>th</sup> October 3:15pm-4pm	Years 3, 4, 5 & 6	£6 for 6 sessions Book via ParentPay (places limited, first come first served)
Thursdays	LUNCHTIME TABLE TENNIS CLUB with Aaron	14 <sup>th</sup> September to 19 <sup>th</sup> October 12:30pm-12:50pm	Years 4, 5 & 6	Free: No booking necessary
	SCRATCH COMPUTING CLUB with Mrs Preston	21 <sup>st</sup> September to 19 <sup>th</sup> October 3:15pm-4pm	Years 2,3,4,5&6	£5 for 5 sessions Book via ParentPay (places limited, first come first served)
	FOOTBALL CLUB with Aaron (football boots & shin pads are optional)	14 <sup>th</sup> September to 19 <sup>th</sup> October 3:15pm-4:15pm	All years	£3.50 per session totalling to £21 for 6 weeks Book & pay direct with ICS Coaching (online form sent out via email & posted on Facebook)
Fridays	LUNCHTIME CHOIR CLUB with Mr Overton & Mrs Preston	15 <sup>th</sup> September to 20 <sup>th</sup> October 12:30pm-12:50pm	All years	Free: No booking necessary

## Week 1

Monday

Tuesday

**STREET FEAST**  
WEDNESDAY

Thursday

Friday

### Main Meal

Pasta Bake served  
Seasonal Vegetables

(G) (W) (MK)

Meat Feast Pizza served  
with Herb Sautéed Potato  
and Broccoli

(G) (W) (E) (SO) (MK) (SU)

Grilled Seasoned Chicken  
Wrap served with Golden  
Rice & Vegetable Medley  
with BBQ Sauce

(G) (W) (B) (E) (SO) (C)

Pork Sausage served with  
Potatoes, Yorkshire  
Pudding, Carrots &  
Broccoli

(G) (W) (E) (MK) (SO) (SU)

Fish Fingers served with  
Chips, Garden Peas or  
Baked Beans

(G) (W) (F)

### Meat Free

Roasted Vegetable &  
Paprika Pasta Bake  
served with Garlic Bread  
& Seasonal Vegetables

(G) (W) (MK) (SO)

Margherita Pizza served  
with Herb Sautéed Potato  
and Broccoli

(G) (W) (E) (SO) (MK)

Mediterranean Vegetable  
Wrap served with Golden  
Rice & Vegetable Medley  
with BBQ Sauce

(G) (W) (B) (E) (SO) (C)

Quorn Sausage served  
with Potatoes, Yorkshire  
Pudding, Carrots &  
Broccoli

(G) (W) (E) (MK)

Cheese Pepper & Onion  
Pasty served with Chips,  
Garden Peas and Baked  
Beans

(G) (W) (MK)

### Jackets

Jacket Potato with Choice  
of Toppings served with  
Fresh Salad

(MK) (F) (E)

Jacket Potato with Choice  
of Toppings served with  
Fresh Salad

(MK) (F) (E)

Jacket Potato with Choice  
of Toppings served with  
Fresh Salad

(MK) (F) (E)

Jacket Potato with Choice  
of Toppings served with  
Fresh Salad

(MK) (F) (E)

Jacket Potato with Choice  
of Toppings served with  
Fresh Salad

(MK) (F) (E)

### Lunchtime Lunchbox

Cheese Sandwich  
Cheese Straw  
Salad Sticks  
Choose one of our  
Fabulous Desserts

(G) (W) (B) (SO) (MK) (E) (SE)

Ham Sandwich  
Pizza Finger  
Salad Sticks  
Choose one of our  
Fabulous Desserts

(G) (W) (B) (E) (MK) (SO) (SE)

Tuna Mayo Sandwich  
Tortilla Chips  
Salad Sticks  
Choose one of our  
Fabulous Desserts

(G) (W) (B) (F) (E) (SO) (SE)

Ham Sandwich  
Cheese Straw  
Salad Sticks  
Choose one of our  
Fabulous Desserts

(G) (W) (B) (E) (MK) (SE) (SO)

Cheese Sandwich  
Pizza Finger  
Salad Sticks  
Choose one of our  
Fabulous Desserts

(G) (W) (B) (E) (MK) (SO) (SE)

### Desserts

Vanilla Crunch  
Fresh Fruit Pot

(G) (W) (E)

Chocolate & Orange Cake  
Fresh Fruit Pot

(G) (W) (E) (MK)

Banana Loaf  
Fresh Fruit Pot

(G) (W) (E)

Vanilla Ice-Cream  
& Fruit Sauce  
Fresh Fruit Pot

(MK)

Marble Cake  
Fresh Fruit Pot

(G) (W) (E)

Making lunchtime the **highlight** of your day



If your child would like any school lunches please order for the week using **ParentPay**, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.  
Thank you



# Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

## PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

## ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks, playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

## AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

## DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary: emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

**18**  
CENSORED

## Meet Our Expert

Daniel Upscombe is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 15 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.



## FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

## ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

## TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

## BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.

**NOS** National Online Safety®  
#WakeUpWednesday

Source: <https://hipal.app/about/privacy.html>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 13.09.2023





## West Norfolk Rugby Women's & Girls' Section

Are you the next  
Georgie or Tia?

(both from King's Lynn)



Come and try Girls Rugby



**Year 5/6 Taster Day**  
4th October 2023 4-5pm

**Training Wed Evenings:**  
Girls Aged 11 (year 6) - 18 (year 13)  
6:00pm - 7:00pm

**Find us at:**

Gatehouse Lane, North Wootton,  
King's Lynn, Norfolk PE30 3RJ

**Find us on:**

@westnorfolkladiesRFC

@WestLadies

@west\_norfolk\_rufc

[www.westnorfolkrugby.com](http://www.westnorfolkrugby.com)



## KING'S LYNN & DISTRICT CAMERA CLUB

TO ALL STAFF, STUDENTS,  
FAMILIES, FRIENDS...

AN OPEN INVITATION TO OUR ANNUAL  
AWARDS CEREMONY

**MONDAY, 25th SEPTEMBER 2023 @ 19:00**  
in SHS DANCE STUDIO DR2

TROPHIES TO BE PRESENTED BY YOUR VERY OWN

**MR ANDREW JOHNSON**

**A CHANCE TO SEE SOME OF OUR BEST WORK**  
**DO YOU ENJOY PHOTOGRAPHY?**

**ARE YOU THINKING ABOUT JOINING A CAMERA CLUB?**

**RAFFLE, REFRESHMENTS, AND A CHANCE TO TALK TO OUR  
MEMBERS ABOUT WHAT CAMERA CLUB MEANS TO THEM**

**VISIT OUR WEBSITE - [www.kldcc.co.uk](http://www.kldcc.co.uk)**



# Yr6 Open Day



Open Evening  
**THURSDAY 5th  
OCTOBER  
2023**

From 5:30PM  
Evening Talks at 5:30PM & 6:30PM  
School Tours are available  
from the 25th September  
2023 by appointment.

Visit the school's website for more information and to book your place:  
[www.stclementshigh.org.uk](http://www.stclementshigh.org.uk)



**'This is a good school' Ofsted 2023**