

# Walpole Cross Keys Primary School

## Weekly Newsletter – 3rd March 2023



Yesterday we celebrated **World Book Day**, children could come to school in their pyjamas or dressed as their favourite book character. We also held our first book swap, thank you to everyone who supported this. All the children enjoyed a variety of activities throughout the day. See overpage for photos.

Please ensure your child wears their full PE kit on their allocated day(s):

**Class 1 - Year R & 1 - Wednesdays (dance)**

**Class 2&3 - Years 2, 3, 4, 5 & 6 - Mondays (gymnastics) & Fridays (PE)**

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance, please telephone (01553 828680), email the school office (office@walpolecrosskeysprimary.co.uk) or speak with the class teacher.

**Best Wishes**

**Ms J. Borley,**

**Executive Head Teacher**

### School day

- 8:35am gates open & pupils arrive
- 8:40am classrooms open
- 8:45am registration & gates close
- \*\*pupils arriving after 8:45am must be signed in by their parent/carer at the school office\*\**

**\*\*Lunchtime Company News\*\*** Pupil paid meals will increase to £2.50 per meal from 1st April 2023.

### Next week ...

#### Monday

- Class 2&3 Gymnastics \*wear PE kits\*

#### Tuesday

- Music lessons (sign up only)
- Easter art club 3:15pm-4pm (bookings)

#### Wednesday

- Class 1 dance rehearsals \*wear PE kits\*
- Games club 12:30pm-12:50pm
- WNAT public speaking event
- PTA tuck shop 3:15pm
- Handwriting club 3:15pm-4pm (bookings)

#### Thursday

- Band practice (sign up only)

#### Friday

- PE day for class 2&3 \*wear PE kits\*
- Yr3/4 netball practice 12:30pm-12:50pm
- Homework club 12:30-12:50pm
- WNAT public speaking rehearsals with Hayley Roberts
- PTA meeting 2:30pm (all welcome)
- All years football club 3:15pm-4:15pm (bookings)

**STARS:** Chase (Yr1), Florence.E (Yr2) & Alfie(Yr4)  
**KINDNESS:** Zoe (Yr1), Leo (Yr2) & Lillyrose (Yr6)  
**HANDWRITING:** Hudson (Yr1), Florence.E (Yr2) & Ava-Grace (Yr4)



**FRENCH:** Ivy.O (Yr2)

**GOLDEN BROOM:** Class 2

**THANK YOU WINNERS:** Zoe (Yr1),

Ivy (Yr2), Lillyrose (Yr6) & Mrs Jones

## Attendance

Reception: 94.44%

Year 1: 100%

Year 2: 97.22%

Year 3: 98.15%

Year 4: 100%

Year 5: 100%

Year 6: 95.83%

Whole school: 97.94%

Congratulations Years 1, 4 & 5 (100%)

Attendance bear winners: Class 3

**Please check following pages for future diary dates.**

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Governors: chairofgov@clenchwartonprimary.co.uk

www.walpolecrosskeysprimary.co.uk



## World Book Day - Thursday 2nd March 2023







- ✓ WNAT public speaking 8/3 (selected): Consents by 3rd March.
- ✓ Yrs4-6 Duxford 15/03: Final instalments by 10th March.
- ✓ All years Mad Science 16/03: Payments on ParentPay by 13th March.
- ✓ Yrs3&4 Bee Netball 30/3 (selected): Consents on ParentPay by 24th March.
- ✓ Yrs2&3 Swimming starting 20/4: Consents on ParentPay by 24th March.
- ✓ Yr6 Crucial Crew 24/4: Consents on ParentPay by 31st March.
- ✓ Yr1 Shabbat 26/4: Consents & payments on ParentPay by 31st March.
- ✓ Yrs5&6 Bikeability 19/6: Consents required by Monday 6th March.

### **Diary Dates**

**\*Please be aware that dates are for guidance only and are subject to change\***

<b>Wednesday 8th March</b>	<b>WNAT public speaking event (selected pupils) *consents by 3rd March*</b>
<b>Friday 10th March</b>	<b>PTA meeting 2:30pm - all welcome to attend</b>
<b>Wednesday 15th March</b>	<b>Yrs4-6 Duxford *final instalments by 10th March*</b>
<b>Thursday 16th March</b>	<b>Mad Science *payments on ParentPay by 13th March*</b>
<b>Friday 17th March</b>	<b>Red Nose Day *details to follow*</b>
<b>Tuesday 21st March</b>	<b>Class 1 assembly @ 3pm parents/carers invited</b>
<b>Wednesday 22nd March</b>	<b>Class 1 dance festival @ Corn Exchange 1pm *tickets available direct from Corn Exchange*</b>
<b>Thursday 23rd March</b>	<b>Class 3 assembly @ 3pm parents/carers invited</b>
<b>Friday 24th March</b>	<b>*CHANGE OF DATE* Class 2 assembly @ 3pm parents/carers invited</b>
<b>Monday 27th March</b>	<b>Young Scholars @ University Peterhouse Cambridge (selected pupils)</b>
<b>Tuesday 28th March</b>	<b>Yrs1-4 Trigolf *letter to follow*</b>
<b>Thursday 30th March</b>	<b>Yr3/4 Bee Netball (selected pupils) *consents by 24th March*</b>
<b>Monday 3rd to Monday 17th April 2023</b>	<b>**SCHOOL CLOSED EASTER BREAK &amp; INSET**</b>

# LUNCHTIME CO®

Commencing: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 6th March, 27th March

Allergens: Koy: Barley (E), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (MT), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

## Week 2

Monday

Tuesday

STREET FEAST  
WEDNESDAY

Thursday

Friday

### Main Meal

Beef Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn  
(G) (W) (MK)

Roasted Chicken and Rice served with Homemade Crusty Bread & Fresh Salad  
(G) (W)

Street Feast  
Chic 'n' Mix Sticky BBQ Chicken served with Seasoned Potatoes and Rainbow Slaw  
(G) (W)(E)(C)(MK)(SO) (E)

Sausage with Mashed Potatoes, Broccoli, Carrots, Yorkshire Pudding and Gravy  
(G) (W) (E) (MK)(SO) (SU)

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup  
(G) (W) (F)

### Meat Free

Vegetable Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn  
(G) (W) (E) (MK)

Roasted Vegetables and Rice served with Homemade Crusty Bread & Fresh Salad  
(G) (W)

Street Feast  
Sticky BBQ Quorn served with Seasoned Potatoes and Rainbow Slaw  
(G) (W) (E)

Vegetable Sausage with Mashed Potatoes, Broccoli, Carrots, Yorkshire Pudding and Gravy  
(G) (W) (E) (MK)

Cheese & Tomato Pinwheel Served with Chips, Garden Peas and Baked Beans and Tomato Ketchup  
(G) (W) (E) (SO) (MK)

### Jackets

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

### Lunchtime Lunchbox

Cheese Sandwich  
Cheese Straw  
Salad Sticks  
Choose one of our Fabulous Desserts  
(G) (W) (MK) (E) (SE)

Ham Sandwich  
Chicken Goujon  
Salad Sticks  
Choose one of our Fabulous Desserts  
(G) (W) (MK) (SE)

Tuna Mayo Sandwich  
Pizza Finger  
Salad Sticks  
Choose one of our Fabulous Desserts  
(G)(W)(MK)(F)(E)(SE)(SO)

Ham Sandwich  
Cocktail Sausage  
Salad Sticks  
Choose one of our Fabulous Desserts  
(G)(W)(SE)(SO)(SU)

Cheese Sandwich  
Pizza Finger  
Salad Sticks  
Choose one of our Fabulous Desserts  
(G) (W) (MK) (E) (SE)(SO)

### Desserts

Chocolate Shortbread  
Fresh Fruit Pot  
(G) (W) (MK)

Pineapple Muffin  
Fresh Fruit Pot  
(G) (W) (E) (MK)

Lemon Cake  
Fresh Fruit Pot  
(G) (W) (E) (MK)

Cherry Cookie  
Fresh Fruit Pot  
(G) (W) (MK)

Lead Sponge  
Fresh Fruit Pot  
(G) (W) (E) (MK)

## Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Jacket potatoes with a choice of toppings



If your child would like any school lunches please order for the week using **ParentPay**, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.  
Thank you



Organiser: Miss Calaby



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# What Parents & Carers Need to Know about NGL

AGE RESTRICTION  
**13+**

## WHAT ARE THE RISKS?

### ANONYMITY AND OVERSHARING

Anonymous messaging gives rise to the 'online disinhibition effect', which causes users to feel detached from their words and actions in the digital world. This can make young people in particular (as they tend to act more impulsively online) far more likely to disclose personal information on the internet, as well as making ill-advised confessions or revealing their fears and insecurities.

### PROTECTION FOR BULLIES

Having their identity hidden makes bullies feel safe from repercussions, so anonymous chat sites are a major avenue for cyberbullying. NGL claims to use AI to filter out insulting terms, but our expert sent a range of such phrases (starting with 'cow' and 'ugly', and becoming progressively more offensive) to a 'dummy' account. All of these trial messages were delivered to the recipient's inbox.

### COSTLY SUBSCRIPTIONS

NGL offers a subscription where – for a weekly fee – users can unlock hints about who's been messaging them, including the sender's approximate location and which device they used. Young people will naturally be extremely curious about who sent which message (especially if they have a lot of Instagram or Twitter followers) and may be unable to resist spending money to find out.

NGL (which stands for 'Not Gonna Lie') is an app through which users share a link to their Instagram story or Twitter account, inviting their followers to give anonymous feedback. The app includes some prewritten questions (such as 'if you could change anything about me, what would it be?'), plus the option to ask followers to simply 'send me anonymous messages'. All replies go into the user's NGL inbox, with the sender remaining anonymous – although subscribers to the app can receive hints about who each message was from.

### INFLATED ENGAGEMENT

1K

In June 2022, NGL had to revise its terms of service, informing users that a message was sent by the app's developers as opposed to genuine followers. It emerged that, previously, NGL's makers had attempted to boost engagement with the app (as well as enticing users to pay for subscriptions) by sending fake anonymous messages from bots. This update was rolled out very quietly by the team.

### QUESTIONABLE SUPPORT

NGL does have a 'report this message' button for users to flag upsetting content. After sending a message, however, an automated reply arrives stating "... NGL is 100% anonymous and we have no way of knowing the identity of the user and would not be able to find out, even if we tried." This did not fill our expert with confidence that the app can address bad behaviour adequately.

### ACCIDENTALLY GOING VIRAL

The messages on NGL itself are anonymous, but users can share these messages via their Instagram story or Twitter feed – enabling all their followers (or anyone, if their accounts are set to 'public') to see them. If a young person has disclosed something embarrassing or identifiable on NGL without realising, this information has the potential to be re-shared very quickly to a far wider audience.

## Advice for Parents & Carers

### DEALING WITH NEGATIVITY

Blocking another user on NGL will prevent them sending anonymous messages to your child in the short term – although a determined abuser could get around that obstacle simply by setting up a new Instagram account. If your child continually receives negative messages that upset them, it might be worth encouraging them to consider whether they really need to use the app at all.

### EXPLAIN ANONYMOUS APPS

We understand that a conversation with your child about the risks of anonymous messaging may seem difficult to initiate (especially if you aren't that comfortable with using social media yourself). It is vital, however, that young people understand that, for some people, having their identity obscured online can make them feel more powerful and less accountable for their actions.

### BLOCK IN-APP PURCHASES

To avoid your child running up an eye-watering bill through an NGL subscription (or indeed any kind of costly in-app purchases), go into the settings on whatever devices they use to go online and either disable the ability to make purchases or protect that function with a password. If those options aren't available, it's prudent to ensure there aren't any payment methods linked to their account.

### THINK BEFORE SENDING

Regardless of whether a messaging app is anonymous or not, it's a good idea to regularly talk to your child about how it's wise to think through what they're sharing before they post it. Emphasise that nothing is truly private once it's online. If the post is something your child might hesitate to say to someone face to face, then it's probably not the sort of thing they should be writing online either.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS** National Online Safety®  
#WakeUpWednesday

Source: [https://nsl.link/#what-s\\_ngl](https://nsl.link/#what-s_ngl)



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@nationalonlinesafety



@national\_online\_safety

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# Big Norfolk

## Holiday Fun

**April 3 - April 17**

- Funded holiday activity scheme for children aged 4 - 16 this Easter
- **FREE** for all families eligible for benefits related free school meals
- Fantastic range of sports, outdoor, arts and creative activities across Norfolk for your child in a warm space with a free healthy lunch
- We try to make our activities inclusive to all. Please make the provider aware when booking if your child has special educational needs or a disability (SEND)
- More specialist SEN providers available for 2023
- Search for an activity near you with our Every Move activity finder



**Booking now open**  
**Find an activity near you**

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