

# Walpole Cross Keys Primary School

## Weekly Newsletter – 3rd February 2023



It was lovely to see lots of parents and carers for our **Storytime** events this week, we encourage all parents/carers to spend time reading with their children on a regular basis.

On Wednesday our class 2 pupils visited the **Swaffham Museum**, they had a lovely day exploring Ancient Egypt. During the afternoon one of our **Anti-Bullying Ambassadors**, Grace, took part in online training to help in the important role they play for our school.

On Thursday our Year 1 & 2 pupils visited Lynnsport to take part in the **active kids festival**, the sporting activities were lots of fun as well as increasing their skills.

Today our year 4 pupils have been to **Norwich Castle**, photos will be in next week's newsletter.

Please remember we are having a **non uniform day** (red/yellow theme) on **Monday** to support Place2Be's Children Mental health week. Donations can be made on ParentPay.



As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance, please telephone (01553 828680), email the school office (office@walpolecrosskeysprimary.co.uk) or speak with the class teacher.

Best Wishes  
Ms J. Borley  
Executive Head Teacher

**STARS:** Glenn (Yr1), Adam (Yr2) & Daneilla (Yr5)  
**KINDNESS:** Layla (Yr1), Josie (Yr3) & Alan (Yr5)  
**HANDWRITING:** Jacob (YrR), Evan (Yr2) &



Alan (Yr5)  
**GOLDEN BROOM:** Class 1  
**THANK YOU WINNERS:** Layla (Yr1),  
Rosie.M (Yr3), Ava-Grace (Yr4) & Ms  
Jackson

## Attendance

Reception: 95.86%

Year 1: 94.13%

Year 2: 88.6%

Year 3: 93.28%

Year 4: 95.1%

Year 5: 92.58%

Year 6: 91.16%

Whole school: 92.95%

Congratulations Year R (95.86%)

Attendance bear winners: Class 1

## Next week ...

### Monday

- Non uniform day \*red & yellow theme\*
- Music lessons (sign up only)

### Tuesday

- Class 2&3 visitor Imam Zubair

### Wednesday

- Games club 12:30pm-12:50pm
- PTA tuck shop 3:15pm

### Thursday

- PE day for class 1 \*wear PE kits\*
- Lego club 3:15-4pm (bookings)
- Band practice (sign up only)

### Friday

- NSPCC number day (activities in school)
- PE day for class 2&3 \*wear PE kits\*
- Table tennis club 12:30pm-12:50pm
- Homework club 12:30pm-12:50pm
- WNAT public speaking rehearsals with Hayley Roberts
- Yrs1-6 football club 3:15pm-4:15pm (bookings)

Please check following  
pages for future diary dates.

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Governors: chairofgov@clenchwartonprimary.co.uk  
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## Class 1 Storytime Wednesday 1st February



## Class 2 Swaffham Museum Wednesday 1st February





## Years 1&2 Active Kids Festival Thursday 2nd February



### After School Clubs Overview Spring Term 2

Please see below a list of lunchtime and after school clubs taking place at Walpole Cross Keys next term. If you need to book please do so on ParentPay, unless stated otherwise. Thank you

Day	Club	Dates / Times	Age Group	Cost
Tuesdays	EASTER ART CLUB with Miss Calaby	28 <sup>th</sup> February to 21 <sup>st</sup> March 2023 3:15pm-4pm	All years	£4 for 4 sessions Book via ParentPay (places limited, first come first served)
Wednesdays	LUNCHTIME GAMES	22 <sup>nd</sup> February to 29 <sup>th</sup> March 2023 12:30pm-12:50pm	All years	Free: No booking necessary
	HANDWRITING CLUB with Ms Jackson	21 <sup>st</sup> February to 28 <sup>th</sup> March 2023 3:15pm-4pm	Year R, 1, 2 & 3	£6 for 6 sessions Book via ParentPay (places limited, first come first served)
Fridays	LUNCHTIME TABLE TENNIS CLUB with Aaron	24 <sup>th</sup> February to 31 <sup>st</sup> March 2023 12:30pm-12:50pm	Years 4, 5 & 6	Free: No booking necessary
	LUNCHTIME HOMEWORK CLUB with Miss Anu	24 <sup>th</sup> February to 31 <sup>st</sup> March 2023 12:30pm-12:50pm	All years	Free: No booking necessary
	FOOTBALL CLUB with Aaron	24 <sup>th</sup> February to 31 <sup>st</sup> March 2023 3:15pm-4:15pm		£3.50 per session totalling to £21 for 6 weeks Book & pay direct with ICS Coaching (online form sent out in via email and on Facebook)



- ✓ Parents evening 23/2: Online bookings (link sent to all parents/carers via text).
- ✓ Yrs R&1 Dance Festival 22/3: Consents on ParentPay by 10th February.
- ✓ Yrs4-6 Duxford 15/03: 2nd instalments by 28th February.

### Diary Dates

**\*Please be aware that dates are for guidance only and are subject to change\***

<b>Monday 6th February</b>	<b>Non uniform day 'Place2Be' children's mental health week **red/yellow 'let's connect' theme** donations can be made via ParentPay</b>
<b>Monday 13th to Friday 17th February 2023</b>	<b>**SCHOOL CLOSED HALF TERM**</b>
<b>Tuesday 21st February</b>	<b>Pancake dessert *order school lunch in usual way*</b>
<b>Thursday 23rd February</b>	<b>Parents evening 3:30pm-7:30pm (class 1 3:30-5pm) *online bookings*</b>
<b>Thursday 2nd March</b>	<b>World Book Day *details to follow*</b>
	<b>SPECIAL LUNCH **World Book day** *order lunch in usual way - no jacket potato or school pack lunch options*</b>
<b>Wednesday 8th March</b>	<b>WNAT public speaking event *letter to follow for selected pupils only*</b>
<b>Wednesday 15th March</b>	<b>Yrs4-6 Duxford</b>
<b>Friday 17th March</b>	<b>Red Nose Day *details to follow*</b>
<b>Wednesday 22nd March</b>	<b>Class 1 dance festival @ Corn Exchange *consents by 10th February*</b>
<b>Wednesday 29th March</b>	<b>WNAT music rehearsal &amp; performance *letter to follow for music pupils only*</b>
<b>Monday 3rd to Monday 17th April 2023</b>	<b>**SCHOOL CLOSED EASTER BREAK &amp; INSET**</b>



#### **Parent Governor**

We are pleased to let you know we currently have a Parent Governor vacancy. The Governors of Walpole Cross Keys Primary School hold regular meetings in which they discuss and make decisions concerning the curriculum, school policies and many other issues that directly affect the well-being of the children at the school. Being a school Governor involves having a privileged insight into the running of the school and any prospective Governor must understand the need for confidentiality. The Governing Body will also expect that any new Governor would be willing to attend a short training course. Please consider whether you might make a good Governor and if you are interested in applying please email or call the school office for an application form. Should there be more applicants than spaces available, an election will be held.

Closing date: **Friday 3rd February 2023.**

## Next week's menu:

**LUNCHTIME CO<sup>®</sup>**

Commencing: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 6th March, 27th March  
Allergens: Egg, Barley (E), Celery (C), Egg (E), Fish (F), Gluten (G), Lactose (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

### Week 2

#### Monday

##### Main Meal

Beef Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn  
(G) (W) (MK)

##### Meat Free

Vegetable Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn  
(G) (W) (B) (E) (MK)

##### Jackets

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

##### Lunchtime Lunchbox

Cheese Sandwich Cheese Straw Salad Sticks Choose one of our Fabulous Desserts  
(G) (W) (MK) (E) (SE)

##### Desserts

Chocolate Shortbread Fresh Fruit Pot  
(G) (W) (MK)

#### Tuesday

Roasted Chicken and Rice served with Homemade Crusty Bread & Fresh Salad  
(G) (W)

Roasted Vegetables and Rice served with Homemade Crusty Bread & Fresh Salad  
(G) (W)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Ham Sandwich Chicken Goujons Salad Sticks Choose one of our Fabulous Desserts  
(G) (W) (MK) (SE)

Pineapple Muffin Fresh Fruit Pot  
(G) (W) (E) (MK)

#### STREET FEAST WEDNESDAY

Street Feast Chic n' Mix Sticky BBQ Chicken served with Seasoned Potatoes and Rainbow Slaw  
(G) (W) (B) (C) (MK) (SO) (E)

Street Feast Sticky BBQ Quorn served with Seasoned Potatoes and Rainbow Slaw  
(G) (W) (B)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Tuna Mayo Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Desserts  
(G) (W) (MK) (P) (E) (SE) (SO)

Lemon Cake Fresh Fruit Pot  
(G) (W) (E) (MK)

#### Thursday

Sausage with Mashed Potatoes, Broccoli, Carrots, Yorkshire Pudding and Gravy  
(G) (W) (E) (MK) (SO) (SU)

Vegetable Sausage with Mashed Potatoes, Broccoli, Carrots, Yorkshire Pudding and Gravy  
(G) (W) (B) (E) (MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Ham Sandwich Cocktail Sausage Salad Sticks Choose one of our Fabulous Desserts  
(G) (W) (SE) (SO) (SU)

Cherry Cookie Fresh Fruit Pot  
(G) (W) (MK)

#### Friday

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup  
(G) (W) (F)

Cheese & Tomato Pinwheel Served with Chips, Garden Peas and Baked Beans and Tomato Ketchup  
(G) (W) (B) (SO) (MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad  
(MK)

Cheese Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Desserts  
(G) (W) (MK) (E) (SE) (SO)

Toad Scone Fresh Fruit Pot  
(G) (W) (E) (MK)

### Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Jacket potatoes with a choice of toppings



If your child would like any school lunches please order for the week using **ParentPay**, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.

Thank you



# Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex – and often sensitive – subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

## MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention – such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time: they could be considering how to phrase something specific, or they may be gauging your reaction.

## BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers – which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions – just find out for yourself and go back to them once you have the facts.

## REMAND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online. In case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help; reassure them that if they do view harmful content, then they are not to blame – but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

## KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

## DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality – for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect – such as someone's relationship, their body, having perfect skin and so on.

## TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

## CREATE A 'FAMILY AGREEMENT'

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

## Meet Our Expert

Rebecca Jennings of RAISE (Raising Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the staff-training element of the RSHE curriculum.



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