

Walpole Cross Keys Primary School

Weekly Newsletter – 20th January 2023



A few parents have been asking if we will be open due to the upcoming **teacher strikes**.. The Trust will be meeting next week and we will be able to confirm our position with you on Wednesday (25th).

On **Tuesday** afternoon the school nursing team visited our year R and year 6 pupils for height & weight checks and vision & hearing checks (Year R only). Parents/carers have been notified of any requirements for a follow up.

This term our allocated **PE days** for each class are as follows:

- **Class 1 (reception & year 1) - Thursdays**
- **Class 2 & 3 (years 2-6) - Fridays**

Please send your child to school in their PE kits on their allocated day, thank you.

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance, please telephone (01553 828680), email the school office (office@walpolecrosskeysprimary.co.uk) or speak with the class teacher.

Best Wishes
Ms J. Borley,
Executive Head Teacher



School day

- 8:35am gates open & pupils arrive
- 8:40am classrooms open
- 8:45am registration & gates close
pupils arriving after 8:45am must be signed in by their parent/carer at the school office
- 3:15pm school ends (gates open shortly before 3:15pm)

Next week ...

Tuesday

-Music lessons (sign up only)

Wednesday

-Games club 12:30pm-12:50pm

-Yrs2-6 world music assembly (online)

-PTA tuck shop 3:15pm

Thursday

-PE day for class 1 ****wear PE kits****

-NO LEGO CLUB 26TH JANUARY

-Band practice (sign up only)

Friday

-PE day for class 2&3 ****wear PE kits****

-Table tennis club 12:30pm-12:50pm

-Homework club 12:30pm-12:50pm

-WNAT public speaking rehearsals with Hayley Roberts

-Yrs1-6 football club 3:15pm-4:15pm

STARS: Edward (YrR), Florence.E (Yr2) & Bluebell (Yr5)

KINDNESS: Hudson (YrR), Florence.P (Yr2) & Alfie (Yr4)



HANDWRITING: Isaac (YrR), Rosie.C (Yr3) & Tia (Yr6)

GOLDEN BROOM: Class 2

THANK YOU WINNERS: Chase (Yr1), Rosie.C (Yr3) & Grace (Yr5)

Attendance

Reception: 100%

Year 1: 95.83%

Year 2: 87.67%

Year 3: 96.36%

Year 4: 100%

Year 5: 95.24%

Year 6: 95.89%

Whole school: 95.83%

Congratulations Years R & 4 (100%)

Attendance bear winners: Class 1

Please check following pages for future diary dates.

Tel: 01553 828680 Email: office@walpolecrosskeysprimary.co.uk
Governors: chairofgov@clenchwartonprimary.co.uk
www.walpolecrosskeysprimary.co.uk





- ✓ Yrs 2&3 Swaffham Museum 1/2: Consents and payments on ParentPay by 27th January.
- ✓ Yrs 1&2 Active Kids Festival 02/02: Consents on ParentPay by 20th January.

✓ Yr 4 Norwich Castle (03/02): 2nd instalments on ParentPay by 31st January.

✓ Yrs4-6 Duxford (15/03): Consents and 1st instalments on ParentPay by 27th January.

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Wednesday 1st February	Yrs2&3 Swaffham Museum
	consents & payments on ParentPay by 27th January
	Anti-Bullying Ambassador Training (selected pupils)
	Class 1 storytime @ 3pm
	parents/carers invited
Thursday 2nd February	Yrs1&2 Active Kids Festival
	consents on ParentPay by 20th January
Friday 3rd February	Yr4 Norwich Castle
	2nd instalment by 31st January
Monday 6th February	Non uniform day to support 'Place2Be' children's mental health week
	red/yellow "let's connect" theme
	donations can be made via ParentPay
Monday 13th to Friday 17th February 2023	**SCHOOL CLOSED HALF TERM**



Parent Governor

We are pleased to let you know we currently have a Parent Governor vacancy. The Governors of Walpole Cross Keys Primary School hold regular meetings in which they

discuss and make decisions concerning the curriculum, school policies and many other issues that directly affect the well-being of the children at the school. Being a school Governor involves having a privileged insight into the running of the school and any prospective Governor must understand the need for confidentiality. The Governing Body will also expect that any new Governor would be willing to attend a short training course. Please consider whether you might make a good Governor and if you are interested in applying please email or call the school office for an application form. Should there be more applicants than spaces available, an election will be held.

Closing date: **Friday 3rd February 2023.**

LUNCHTIME CO.®

Commencing: 14th Nov, 5th Dec, 2nd Jan, 23rd Jan, 20th Feb, 13th March

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lupin (L), Milk (MK), Mustard (M), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Week 3

Monday

Tuesday

STREET FEAST WEDNESDAY

Thursday

Friday

Main Meal

Ham & Cheese French Bread Pizza served with Potato Wedges and Fresh Salad
(G) (W) (SE) (SO) (MK)

Classic Macaroni Cheese served with Garlic and Herb Bread and Fresh Salad
(G) (W) (MK) (SO)

Gourmet Hot Dog Pork Sausage in a Bun with Ketchup, Seasoned Wedges & Salad Bar
(G) (W) (SE)

Roast Chicken with Roast Potatoes, Carrots, Cabbage, Stuffing Ball and Gravy
(G) (W)

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
(G) (W) (F)

Meat Free

Margherita French Bread Pizza served with Potato Wedges and Fresh Salad
(G) (W) (SE) (SO) (MK)

Mild Vegetable Curry served with Fluffy White Rice & Pitta Bread Finger
(G) (W) (MK)

Gourmet Hot Dog Quorn Sausage in a Bun with Ketchup Seasoned Wedges & Salad Bar
(G) (W) (E) (MK) (SE)

Broccoli & Cauliflower Bake served with Roast Potatoes, Yorkshire Pudding and Gravy
(G) (W) (E) (MK)

Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
(G) (W)

Jackets

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Lunchtime Lunchbox

Cheese Sandwich Cheese Straw Salad Sticks
Choose one of our Fabulous Desserts
(G) (W) (MK) (E) (SE)

Ham Sandwich Chicken Goujon Salad Sticks
Choose one of our Fabulous Desserts
(G) (W) (MK) (SE)

Tuna Mayo Sandwich Pizza Finger Salad Sticks
Choose one of our Fabulous Desserts
(G)(W)(MK)(F)(E)(SE)(SO)

Ham Sandwich Cocktail Sausage Salad Sticks
Choose one of our Fabulous Desserts
(G)(W)(SE)(SO)(SU)

Cheese Sandwich Pizza Finger Salad Sticks
Choose one of our Fabulous Desserts
(G) (W) (MK) (E) (SE)(SO)

Desserts

Oat & Sultana Biscuit Fresh Fruit Pot
(G) (W) (B) (E) (MK)

Chocolate Brownie Fresh Fruit Pot
(G) (W) (E) (MK)

Dutch Apple Sponge Fresh Fruit Pot
(G) (W) (E) (MK)

Fruity Flapjack Fresh Fruit Pot
(G) (W) (B) (E) (MK)

Marble Cake Fresh Fruit Pot
(G) (W) (MK) (E)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Jacket potatoes with a choice of toppings



If your child would like any school lunches please order for the week using **ParentPay**, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.
Thank you

What Parents & Carers Need to Know about TWITTER

WHAT ARE THE RISKS?

Twitter is a social media network which allows users to post short messages (tweets) of up to 280 characters. Tweets can consist of text, photos, videos, audio, links, polls and GIFs – often linked by hashtags if they share a common theme or message. Hashtags receiving high levels of interest are said to be ‘trending’. Twitter users can engage with other people’s posts by liking, retweeting (sharing) or tweeting back (commenting on). Since the entrepreneur Elon Musk acquired Twitter in October 2022 for \$44 billion, he has implemented several major changes to the platform.

INTERACTION WITH STRANGERS

Tweets are public by default, meaning that anyone can view and interact with posts, follow someone and send direct messages. The concern here is that young people may therefore connect and communicate with strangers. Some individuals may follow a young person’s Twitter account simply because they have similar interests; however, others may turn out to have more sinister intentions.

FIXATION ON VIEW COUNT

Twitter has recently introduced a ‘view count’ feature – telling users how many people have seen their tweet (even if they haven’t reacted to it). Previous research has found that unfavourable comparisons with other social media users can cause young people to experience feelings of insecurity, jealousy and low self-esteem – leading to an obsession with increasing their numbers.

TROLLS AND BULLYING

The anonymity offered by fake profiles encourages some users to send tweets designed to provoke a reaction; to disrupt conversations; to spark an argument; or to harass the recipient. Such trolling and bullying can impact the mental wellbeing of both the target and anyone who witnesses it. Encourage your child to come to you if they experience such behaviour on Twitter, or if they see it taking place.

PAID-FOR VERIFICATION

Previously, if a Twitter profile displayed a blue tick icon, it meant that the owner – usually a celebrity or a major organisation – had been verified as genuine. Now, however, anyone can pay for a Twitter Blue subscription to receive the tick, with the platform carrying out limited checks on the account’s authenticity. This could easily lead to more fake accounts impersonating real people or companies.

CONTENT MODERATION CHANGES

In late 2022, Twitter stated that their ‘policy enforcement will rely more heavily on de-amplification of violative content: freedom of speech, but not freedom of reach’. No policies have changed yet, but this wording suggests they may limit who can see posts rather than removing them. While supporting free speech, this could encourage an environment where some toxic content remains online.

HIJACKED HASHTAGS

The hashtag (#) is one of Twitter’s most recognisable facets, allowing users to find specific trends or topics. But the sheer volume of tweets each hour can rapidly distort a hashtag’s meaning: an initially innocent search term can quickly end up returning inappropriate results. This is common with ‘trending’ hashtags, as people know that using them will get their tweet seen by a larger audience.

Advice for Parents & Carers

SET ACCOUNTS TO PRIVATE

To reduce some of the fear of your child’s tweets being seen and shared by anyone, you can always make their account protected. This means that your child has to give approval for another user to view their posts. You can change Twitter’s privacy settings so that your child can’t be messaged directly by other people on the platform and their geographical location won’t be shared.

FOSTER CRITICAL THINKING

It can be difficult for anyone to ascertain if something online is real or false, but particularly for young people. Encourage your child to check several reputable sources to determine if a story they’ve seen is true; remind them to watch out for scams and think about the message’s possible motive. Emphasise that it’s not a good idea to retweet something if they aren’t sure it’s correct.

ENGAGE SAFETY MODE

When Safety Mode is activated, Twitter checks for abusive or spammy behaviour such as hurtful language or repeated negative replies. The platform then flags these suspect accounts and blocks them from responding to your child’s tweets. The autoblock function then prevents these accounts from interacting with your child’s again for seven days.

EXPLORE THE NEW SETTINGS

Previously, any user could reply to anyone else’s tweets. However, the new conversation settings let your child determine who can reply to their posts – either by selecting everyone (the default option), people they follow or only people they mention (using the @ symbol). This improvement has given users extra control, providing them with more protection from trolls and online abuse.

PAUSE BEFORE POSTING

It’s important that young people think about what they’re about to post and whether they might regret it later. Twitter has developed ‘nudges’: little prompts which appear if someone is about to tweet using harmful or offensive language. These nudges promote more positive online behaviour by giving users an opportunity to pause and consider their words before they post something.

BLOCK, REPORT OR MUTE

If someone is upsetting your child on Twitter, you can block and report them. Blocking stops them from messaging or following your child, while reporting an account alerts Twitter to investigate possible misuse. The ‘mute’ feature, meanwhile, keeps tweets from a specific account (or which include certain words) out of your child’s timeline. The other user won’t know that they’ve been muted.

BE CAREFUL WHO TO FOLLOW

As accounts are no longer being as rigorously verified under the ‘blue tick’ system, it’s essential that young Twitter users understand what this means, in terms of people not necessarily being who they claim. Anyone who your child only knows online is still a stranger, regardless of how long they’ve been communicating for. Remind your child never to disclose personal information on social media.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS National Online Safety®
#WakeUpWednesday

Source: <https://blog.twitter.com/en/common-thread/en/topics/stories/2022/how-twitter-is-nudging-users-healthier-conversations> | https://blog.twitter.com/en_us/topics/product/2022/twitter-blue-update
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Flu Nasal/IM Vaccination

Vaccination UK would like to offer those parents/legal guardians whose children did not receive the Flu vaccine in school the opportunity to attend one of our Catch-up Clinics.

We will be operating our clinics on an appointment only basis. Therefore, please email norfolk@v-uk.co.uk with a preferred time. Alternatively, please call 01603 559320 to make an appointment.

If you require an IM, please advise when making your booking as this will enable us to bring enough vaccines with us on the day.

Town	Venue address	Date & Time
King's Lynn	King's Lynn Library, London Road, PE30 5EZ	Sat 28 January 2023 10:30 – 14:00
Norwich East	Rackheath Village Hall, Green Lane West, Rackheath, NR13 6LT	Sat 28 January 2023 10:00 – 14:00



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