

Walpole Cross Keys Primary School

Weekly Newsletter – 25th November 2022



Yesterday our **cross country finalists** went to Lynnsport to compete in their year group races, they tried their best and supported each other. Well done to you all.

Our Year 1 pupils had a lovely afternoon yesterday at West Lynn Primary taking part in the **zoolab experience**, photos overleaf.



This week we received individual and sibling **photo proofs**, these were sent out on Wednesday. Please order online, deadline for free delivery is **4th December**. Orders after that date will incur a delivery fee.

****SWEETS**** Could we please ask parents/carers to ensure their children are not bringing sweets to school (unless it is their birthday when they can be handed out at the end of the day). We have spotted some children have been putting sweets in their pockets to eat during break. Thank you for your support.

As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance, please telephone (01553 828680), email the school office (office@walpolecrosskeysprimary.co.uk) or speak with the class teacher.

Best Wishes
Ms J. Borley
Executive Head Teacher

STARS: Hudson (YrR), Florence.E (Yr2), Alfie (Yr4), Bluebell (Yr5), Archie, (Yr6), Mia (Yr6) & Krystian (Yr6)
KINDNESS: Ivy.H (Yr1), Leo (Yr2) & Grace (Yr5)
HANDWRITING: Glenn (Yr1), Rosie.C (Yr3) & Daniella (Yr5)



FRENCH: Layla (Yr1)
GOLDEN BROOM: Class 1
THANK YOU WINNERS: Layla (Yr1), Josie (Yr3), Clay (Yr4) & Mrs Preston

Attendance

Reception: 97.5%
Year 1: 93.33%
Year 2: 86.25%
Year 3: 93.33%
Year 4: 88.75%
Year 5: 88.57%
Year 6: 90%

Whole school: 90.8%
Congratulations Year R

Attendance bear winners: Class 1

Next week ...

Monday

- Yr5&6 tag rugby (selected pupils)
- Music lessons (sign up only)

Tuesday

- Class 3 assembly 3pm (parents/carers invited)
- Art club 3:15pm-4pm (bookings)

Wednesday

- Class 2 assembly 3pm (parents/carers invited)
- PTA tuck shop 3:15pm

Thursday

- Anti bullying ambassador training (selected pupils)
- Class 1 assembly 3pm (parents/carers invited)
- Starter band practice (sign up only)
- NO LEGO CLUB THIS WEEK

Friday

- Yrs R,1,4,5,&6 PE day (wear PE kits)
- Yrs 2&3 music & dance (wear PE kits)
- Yrs4-6 WNAT Christmas Carols rehearsal
- Yr1 True's Yard
- All years homework club 12:30pm
- NO FOOTBALL CLUB FOR REST OF TERM

Please check following
pages for future diary dates.

Tel: 01553 828680 Email: office@walpolecrosskeysprimary.co.uk
Governors: chairofgov@clenchwartonprimary.co.uk
www.walpolecrosskeysprimary.co.uk



Yr1 Zoolab Experience Thursday 24th November 2022



Year 1 pupils had an amazing time meeting lots of animals during their zoolab experience at West Lynn Primary School. Mrs Preston and Ms Jackson enjoyed meeting them too!



- ✓ Yrs4-6 WNAT Christmas Carol Concert & Rehearsal 2/12: Consents due by 25th November.
- ✓ Yr1 True's Yard 2/12: Consents & first payments due by 25th November.
- ✓ All years Snow White & the Seven Dwarfs

7/12: 2nd instalments due by 30th November.

- ✓ All years Christmas Lunch 15/12: Complete the online form (sent via text) by 2nd December.
- ✓ Yr4 Norwich Castle 3/2: Consents & 1st instalments on ParentPay by 2nd December.
- ✓ Yr6 Theatre Trip (date TBC): Complete the online form letting us know if your child would like a ticket.

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Monday 28th November	Yr5&6 Tag Rugby (selected pupils)
Tuesday 29th November	Class 3 assembly @ 3pm *parents/carers invited*
Wednesday 30th November	Class 2 assembly @ 3pm *parents/carers invited*
Thursday 1st December	Anti bullying ambassador training *letter to follow* (selected pupils)
	Class 1 assembly @ 3pm *parents/carers invited*
Friday 2nd December	WNAT Christmas Carols Concert Rehearsal *consents by 25th November*
	Yr1 Trues Yard *consents & 1st payments by 25th November*
Monday 5th December	'A Miracle in Town' 2pm performance *limited availability*
Tuesday 6th December	'A Miracle in Town' 9:30am performance *tickets available*
Wednesday 7th December	All years Panto *2nd payments due by 30th November*
	WNAT Christmas Carols Concert @ St Nicholas Chapel 6pm start *free tickets available*
Thursday 8th December	The Norfolk Hospice Tapping House Rudolph Run & Christmas Jumper Day *sponsor forms & cash by 8th December please*
Wednesday 14th December	Yrs R & 6 school nursing team *opt out deadline is 25th November*
Thursday 15th December	Christmas lunch *book by 2nd December*
Monday 19th December to Tuesday 3rd January 2023	**SCHOOL CLOSED CHRISTMAS BREAK**
Thursday 2nd February	Yrs1&2 Active Kids Festival *letter to follow*
Friday 3rd February	Yr4 Norwich Castle *consents & 1st instalments by 2nd December*
Monday 13th to Friday 17th February 2023	**SCHOOL CLOSED HALF TERM**

Next week's menu:

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Week 2

Main Meal

Meat Free

Jackets

Lunchtime Lunchbox

Desserts

Commencing: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 6th March, 27th March

Allergies Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lactose (L), Milk (MK), Mustard (MT), Sesame Seeds (SE), Soya (SO), Sulphates (SU), Wheat (W)

Monday

Tuesday

STREET FEAST
WEDNESDAY

Thursday

Friday

Beef Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn
(G) (W) (MK)

Vegetable Pasta Bolognese served with Garlic and Herb Bread, Peas and Sweetcorn
(G) (W) (B) (E) (MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Cheese Sandwich
Cheese Straw
Salad Sticks
Choose one of our Fabulous Desserts
(G) (W) (MK) (E) (SE)

Chocolate Shorbread
Fresh Fruit Pot
(G) (W) (MK)

Roasted Chicken and Rice served with Homemade Crusty Bread & Fresh Salad
(G) (W)

Roasted Vegetables and Rice served with Homemade Crusty Bread & Fresh Salad
(G) (W)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Ham Sandwich
Chicken Goujon
Salad Sticks
Choose one of our Fabulous Desserts
(G) (W) (MK) (SE)

Pineapple Muffin
Fresh Fruit Pot
(G) (W) (E) (MK)

Street Feast
Chic n' Mix Sticky BBQ Chicken served with Seasoned Potatoes and Rainbow Slaw
(G) (W)(B)(C)(MK)(SO) (E)

Street Feast
Sticky BBQ Quorn served with Seasoned Potatoes and Rainbow Slaw
(G) (W) (E)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Tuna Mayo Sandwich
Pizza Finger
Salad Sticks
Choose one of our Fabulous Desserts
(G)(W)(MK)(F)(E)(SE)(SO)

Lemon Cake
Fresh Fruit Pot
(G) (W) (E) (MK)

Sausage with Mashed Potatoes, Broccoli, Carrots, Yorkshire Pudding and Gravy
(G) (W) (E) (MK)(SO) (SU)

Vegetable Sausage with Mashed Potatoes, Broccoli, Carrots, Yorkshire Pudding and Gravy
(G) (W) (B) (E) (MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Ham Sandwich
Cocktail Sausage
Salad Sticks
Choose one of our Fabulous Desserts
(G)(W)(SE)(SO)(SU)

Cherry Cookie
Fresh Fruit Pot
(G) (W) (MK)

Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
(G) (W) (F)

Cheese & Tomato Pinwheel Served with Chips, Garden Peas and Baked Beans and Tomato Ketchup
(G) (W) (E) (SO) (MK)

Jacket Potato with Cheese and Baked Beans served with Fresh Salad
(MK)

Cheese Sandwich
Pizza Furger
Salad Sticks
Choose one of our Fabulous Desserts
(G) (W) (MK) (E) (SE)(SO)

Iceb Sponge
Fresh Fruit Pot
(G) (W) (E) (MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Jacket potatoes with a choice of toppings

If your child would like any school lunches please order for the week using **ParentPay**, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.

Thank you

Rudolph Run



The Rudolph Run is a festive fundraiser where a school or class come together to complete a course of their choosing, whether that is walking, jogging or running.

Each child taking part will receive free antlers to wear on the day and a certificate of thanks. There is no minimum sponsorship needed to take part but children are expected to collect sponsorship to support The Norfolk Hospice Tapping House.

The Norfolk Hospice is a charity based in West Norfolk. They care for people living with a life-limiting illness as well as the families and friends who have also been affected by that diagnosis.



Rudolph Run



**Our Rudolph Run
will be on**


Thursday 8th December

at

**Walpole Cross Keys
Primary School**

**We are raising
money for The
Norfolk Hospice**





Russen & Turner Christmas Story Competition 2022



WRITE YOUR OWN CHRISTMAS STORY

UP TO 500 WORDS TO WRITE YOUR BEST CHRISTMAS STORY!

You can win the chance to have your story read on Radio West Norfolk, win a £65 voucher to spend at The Entertainer plus £200 Waterstone vouchers for your school as well as a selection of new books.

CLOSING DATE: Friday 9th December – WINNER ANNOUNCED ON: Wednesday 14th December

JUST POP YOUR STORIES INTO US AT 17 HIGH STREET KINGS LYNN PE30 1BP!

GOOD LUCK!

Name

Age

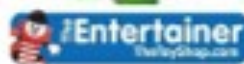
Contact Number.....

Address

Signature of a parent or guardian giving permission to enter the competition

☐

Please tick if you are happy for Russen & Turner to take a photo of the winner with their story and use it in the local press and on social media sites.



Please complete form sent via email to confirm if your child would like a Christmas lunch by Friday 2nd December 2022.
Thank you



Christmas Lunch

Thursday 15th December

Traditional Roast Chicken with Stuffing, Roast Potatoes, Mini Sausage, Carrots, Broccoli, Peas & Gravy

or

Quorn Christmas Roast with Stuffing, Roast Potatoes, Mini Sausage, Carrots, Broccoli, Peas & Gravy (V)

Festive Cookie

* Fresh Fruit and Yogurts are also available

LUNCHTIME CO®

Christmas Lunch Menu Contains:
(G) (V) (GF) (OG) (D) (MR)

Allergies Key: Barley (B), Dairy (D), Egg (E), Fish (F), Gluten (G), Nuts (N), Milk (M), Mustard (MU), Sesame Seeds (SS), Soya (SO), Sulphur Dioxide (SD), Wheat (W)

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-16 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18

CENSORED

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app, it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthday.

ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive: figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend an average of 102 minutes per day on the app, versus 53 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns – leading to irritability – and distract them from other activities.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are falling to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



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