

Walpole Cross Keys Primary School

Weekly Newsletter - 29th April 2022



On Wednesday afternoon our Year 6 pupils went to the Kings Lynn Fire Station to take part in **Crucial Crew 2022**. This is a brilliant event teaching the children how to deal with emergency situations and how to keep themselves safe. Please see overleaf for photos.

Yesterday class 2 took part in their second **healthy body and mind** sessions with Sam Robinson (King's Lynn Community Football), next Thursday will be their last session.

Please remember, the school is closed on **Monday 2nd May** as it is a bank holiday, we look forward to seeing you all on Tuesday 3rd May.

As always, we would like to ensure that your experience at Walpole Cross Keys Primary is a positive one. If you have any concerns, in the first instance, please telephone (**01553 828680**), email the school office (office@walpolecrosskeysprimary.co.uk) or speak with the **class teacher**.

Best Wishes,
Ms J. Borley
Executive Head Teacher

STARS: All Year R, All Class 2 & Evan (Yr6)

HANDWRITING: Florence.E (Yr1), Ella.K (Yr3) & Ella.W (Yr5)

KINDNESS: Layla (YrR), Clay (Yr3) & Ben (Yr6)

GOLDEN BROOM: Class 3

THANK YOU WINNERS: Edward (YrR), Leon (Yr2), Maria (Yr5) & Mrs Mead



Next week ...

Monday

SCHOOL CLOSED—BANK HOLIDAY

Tuesday

NO AFTER SCHOOL CLUBS TODAY

Wednesday

PTA tuck shop 3:15pm

Thursday

Yrs 2&3 Healthy Body & Minds (PE kits)

Yrs 1&2 Cookery Club 3:15pm-4pm

Friday

Yrs R,1,4,5 & 6 PE day (PE kits)

Music Lessons (music pupils only)

Yrs 1-6 football club 3:15-4:15pm

Attendance

Reception: 98.79%

Year 1: 98.61%

Year 2: 100%

Year 3: 98.61%

Year 4: 98.15%

Year 5: 90.28%

Year 6: 95.24%

Whole school: 97.12%

Congratulations Year 2 (100%)

Attendance bear winners: Class 2

**Please check following
pages for future diary dates.**

Tel: 01553 828680 Email: office@walpolecrosskeysprimary.co.uk

Governors: chairofgov@clenchwartonprimary.co.uk

www.walpolecrosskeysprimary.co.uk



Crucial Crew 26th April 2022



- ✓ Order school lunches for the week by midnight every Sunday (ParentPay).
- ✓ Pupils must wear their PE kit to school on their designated PE days.
- ✓ Bring a pair of spare wellies/trainers to leave in school (please ensure they are named).

Diary Dates

Please be aware that dates are for guidance only and are subject to change

Monday 2nd May	SCHOOL CLOSED FOR BANK HOLIDAY
Thursday 5th May	Yrs 2&3 Healthy Body & Minds (wear PE kits)
Monday 9th May	Yr 6 SATS week
Friday 13th May	Yr6 Pizza Hut lunch
	letter to follow
Monday 16th May	Walk to School week
Tuesday 24th May	Class 1 Assembly 3pm prompt
	parents/carers welcome to attend
Wednesday 25th May	School Nurse visit Yrs R & 6
	Class 2 Assembly 3pm prompt
	parents/carers welcome to attend
Thursday 26th May	Class 3 Assembly 3pm prompt
	parents/carers welcome to attend
Monday 30th May to Friday 3rd June	SCHOOL CLOSED FOR HALF TERM

LUNCHTIME CO[®]

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Commencing: 2nd May, 23rd May, 20th Jun, 11th Jul, 5th Sep, 26th Sep, 17th Oct

Allergen Key: Barley (B), Celery (C), Egg (E), Fish (F), Gluten (G), Lapsin (L), Milk (MK), Mustard (MU), Sesame Seeds (SE), Soya (SO), Sulphites (SU), Wheat (W)

Main Meal

Meat Free

Jackets

Lunchtime Lunchbox

Desserts

Chicken Pie served with Mashed Potato, Carrots and Cabbage (G) (W) (E) (MK)	Hot Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup (G) (W) (SU) (SO) (SE)	Farm Assured Roast Chicken with Potatoes, Carrots and Broccoli, Yorkshire Pudding and Gravy (G) (W) (E) (MK)	Fish Fingers served with Chips, Garden Peas and Baked Beans and Tomato Ketchup (G) (W) (F)
Roasted Vegetable pie, Served with Mashed Potato, Carrots and Cabbage (G) (W) (E) (MK)	Quorn Dog in a Roll served with Potato Wedges, Mixed Vegetables and Tomato Ketchup (G) (W) (B) (MK) (E) (SE)	Quorn Roast with Roast Potatoes, Carrots and Broccoli Yorkshire Pudding and Gravy (G) (W) (E) (MK)	Vegetable Nuggets served with Chips, Garden Peas and Baked Beans and Tomato Ketchup (G) (W)
Jacket Potato with Cheese and Baked Beans served with Fresh Salad (MK)	Jacket Potato with Cheese and Baked Beans served with Fresh Salad (MK)	Jacket Potato with Cheese and Baked Beans served with Fresh Salad (MK)	Jacket Potato with Cheese and Baked Beans served with Fresh Salad (MK)
Ham Salad Sandwich Cheese Straw Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)	Chicken Mayo Sandwich Pizza Finger Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE) (SO)	Tuna Mayo Sandwich Cocktail Sausage Salad Sticks Choose one of our Fabulous Desserts (G)(W)(F)(E)(SE)(SO)(SU)	Cheese Sandwich Pasta Salad Salad Sticks Choose one of our Fabulous Desserts (G) (W) (MK) (E) (SE)
Choose One of Our Fabulous Desserts Chocolate Sponge Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Carrot Cake Fresh Fruit (G) (W) (E) (MK)	Choose One of Our Fabulous Desserts Oat & Raisin Cookie Fresh Fruit (G) (W) (MK)	Choose One of Our Fabulous Desserts Chocolate Dicker Fresh Fruit (G) (W) (E) (MK)

Available every day:

A selection of fresh vegetables and tasty salad

Delicious freshly baked bread

Fruit platter and natural yogurt with toppings



If your child would like any school lunches please order for the week using **ParentPay**, the deadline for orders is midnight on Sunday. If you miss the deadline please email the office by 9am on Monday with your child's choices for the week.

Thank you

What Parents & Carers Need to Know about GROUP CHATS

WHAT ARE THE RISKS?

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert: potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing Internet use and sexting behaviour of young people in the UK, USA and Australia.



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#WakeUpWednesday

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