



February Half Term Activities

14 – 18 February 2022

**Lynnsport, St James Pool,
Downham Leisure & Oasis**

**Holiday Clubs, Gymnastics,
Swimming and loads more!**

Booking is essential for all activities: **alivewestnorfolk.co.uk**

Holiday Clubs

8am–3pm (5–14 years)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone.

Standard
£25

Alive Card
£20

Concession
Alive Card
£15

Multisport Holiday Clubs

**Monday 14 – Friday 18
February**

Activities will vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.



Football Holiday Club

Wednesday 16 February

This football fun day will include lots of skills, drills, games and competitions.



Gymnastics Holiday Club

Thursday 17 February

Budding gymnasts will love this fun day of gymnastics activities including skills, fun on the equipment and lots of games.

Breakfast of cereal and juice will be served each morning, lunch is not included so please bring a packed lunch and water. Prices are per day and booking is essential.



Alive Lynnsport activities

Tuesday 15 February

			Standard	Alive Card	Concession Alive Card
10:45am–11:45am	Junior Gymnastics	5–14 yrs	£4.25	£3.25	£2.75
2pm–4pm	Junior Trampolining	5–8 yrs	£4.25	£3.25	£2.75
3pm–4pm	Junior Trampolining	9–12 yrs	£4.25	£3.25	£2.75

Friday 18 February

			Standard	Alive Card	Concession
2pm–3pm	Roller Skating	5–14 yrs	£4.25	£3.25	£2.75

Please bring your own skates and protective gear, a limited number of skates are available to hire.



Downham Leisure

Tel: 01366 386868 [f](#) Alive Downham Leisure [t](#) DownhamLeisure
 Alive Downham Leisure, Bexwell Road,
 Downham Market, Norfolk PE38 9LL

Holiday Clubs

9am–3pm (5–14 years)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone.

Multisport Holiday Clubs

Monday 14, Tuesday 15 & Friday 18 February

Activities will vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

Football Holiday Club

Thursday 17 February

This football fun day will include lots of skills, drills, games and competitions.

Lunch is not included so please bring a packed lunch and water. Prices are per day and booking is essential.

Standard
£22.50

Alive Card
£17.50

Concession Alive Card
£12.50



Swimming Crash Courses

An intensive course of swimming lessons for children to gain confidence and improve their aquatic skills in the water.

Monday 14 – Friday 18 February

9am–9:30am Level 1
 9:30am–10am Level 2

For ages 4+ yrs

Level 1 - This lesson builds water confidence through play and introduces basic stroke technique, progressing to a stage where children are water confident.

Level 2 - This lesson develops children's confidence so that they are able to swim with basic technique without floats and armbands.



Standard
£26.25

Alive Card
£22.50

Concession Alive Card
£16.25

Alive Downham Leisure activities

Wednesday 16 February

			Standard	Alive Card	Concession Alive Card
12:30pm–1:30pm	Junior Fitness	8–14 yrs	£4.25	£3.25	£2.75
1:30pm–2:30pm	Roller Skating	5–14 yrs	£4.25	£3.25	£2.75

Please bring your own skates and protective gear, a limited number of skates are available to hire.



Holiday Clubs

9am–3pm (5–14 years)

Children will love our Holiday Clubs where a fun packed day of sports is guaranteed for everyone.

**Standard
£22.50**

**Alive Card
£17.50**

**Concession
Alive Card
£12.50**

Hunstanton Holiday Clubs

**Monday 14, Tuesday 15 &
Wednesday 16 February**

Based at Smithdon High School

Activities will vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

Lunch is not included so please bring a packed lunch and water. Prices are per day and booking is essential.

Swimming Crash Courses

An intensive course of swimming lessons for children to gain confidence and improve their aquatic skills in the water.

Monday 14 – Friday 18 February

8:30am–9am	Level 1
9am–9:30am	Level 2
9:30am–10am	Level 3 Booster
10am–10:30am	Level 4 Booster

For ages 4+ yrs

Level 1 - This lesson builds water confidence through play and introduces basic stroke technique, progressing to a stage where children are water confident.

Level 2 - This lesson develops children's confidence so that they are able to swim with basic technique without floats and armbands.

Level 3 & Level 4 Booster – Booster classes are ideal to assist children's progression within these stages to practice the more challenging criteria of this grade.

**Standard
£26.25**

**Alive Card
£22.50**

**Concession
Alive Card
£16.25**



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Register now! [**cwa.ac.uk/return**](https://cwa.ac.uk/return)

College of
West Anglia



**OPEN
DAYS**

King's Lynn & Sports campus

Saturday 5th March 2022
Morning slots

Wisbech campus

Saturday 12th March 2022
Morning slots

Cambridge campus

Tuesday 26th April 2022
Evening slots

BOOK YOUR SLOT NOW!

CWA.AC.UK/OPENDAY



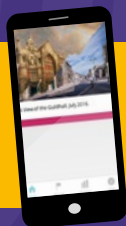


Museum and Old Gaol Cells

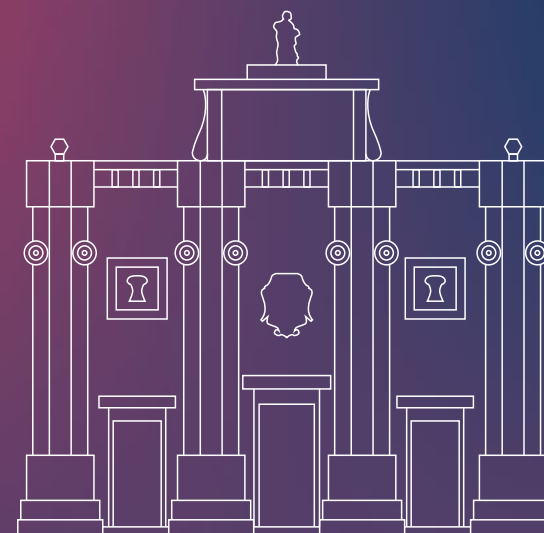
Saturday Market Place, King's Lynn PE30 5DQ
Tel: 01553 774297 storiesoflynn.co.uk

Get the most out of your visit to historic King's Lynn
and Stories of Lynn Museum and Old Gaol Cells

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Alive
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CINEMA OPEN 7 DAYS A WEEK

For our listings please visit kingslynncornexchange.co.uk

