

Walpole Cross Keys Primary School

Weekly Newsletter – 16th January 2026



Hello everyone,

On Monday 19th January the Choir will be attending the O2 Arena for the Young Voices event. We wish them a fantastic time and we look forward to hearing all about it.



Could you please ensure your child comes to school suitably dressed for the elements.



As always, we would like to ensure that your **experience** at Walpole Cross Keys Primary is a **positive** one. If you have any concerns, in the first instance please telephone, email the school office or speak with the class teacher.

Best Wishes

Ms J. Borley
(Executive Head Teacher)

***Please check page 2 for future diary dates.**

Attendance

Class 1: 95.2%

Class 2: 85.7%

Class 3: 97.2%

Congratulations to Class 3

Whole school: 93%



Weekending—16.01.2026

Stars:

Toby (Class 1), Bella (Class 2) & Glenn (Class 3)

Kindness:

Isabella (Class 1), Isaac O (Class 2) & Annabelle (Class 3)

Handwriting:

Edith (Class 1), Emilé (Class 2), Hector (Class 3)

THANK YOU card winners:

Jessica (Class 1), Isaac O (Class 2) & Nelly (Class 3)

Golden Broom: Class 2

PSHE—Keep trying even when it's difficult

Jesse, Ronnie & Isabella (Class 1)

Emilé, Bella, Isaac O & Mabel (Class 2)

Lilley & Nelly (Class 3)



www.walpolecrosskeysprimary.co.uk

Tel: 01553 828680 Email: office@walpolecrosskeysprimary.co.uk

Governors: n.gay@wnat.co.uk


SENCO: primarysend@wnat.co.uk



Diary Dates

Please be aware that dates are for guidance only and are subject to change

Diary dates are also located on the school website. Please note that the West Norfolk Academies Trust school calendar for 2025/26 & 2026/27 can be located from the school's website. School holiday dates may be slightly different to NCC.

Monday 19th January 2026	Young Voices @ O2 Arena
Monday 26th January 2026	Active Kids Festival (Yr 1 & Yr 2). Consent via MCAS.
Tuesday 10th February 2026	Class 2—Norwich Castle. Consent and payment via MCAS.
Friday 13th February 2026	Wear Bright Colours appropriate for school please.in relation to the Mental Health Day. 
Friday 13th February 2026	School break up at the usual time of 3.15pm for Half Term
Monday 23rd February 2026	School opens-Prompt registration at 8.45am
Thursday 26th February 2026	SSP Girls Football—More details to follow.
Monday 2nd March 2026	SSP Quick sticks—More details to follow.
Thursday 5th March 2026	Lunchtime Special Menu—World Book Day. All bookings via your MCAS account.
Friday 6th March 2026	Lunchtime menu change—will now be serving chicken nuggets.
Tuesday 10th March 2026	SSP Dance Festival—More details to follow.
Wednesday 11th March 2026	Class 1 Assembly—3:00pm. Parents/carers invited.
Thursday 12th March 2026	WNAT Sports Event—TBC.
Monday 16th March 2026	SSP BEE Netball—More details to follow.
Tuesday 17th March 2026	St Clements Cluster BEE Netball—More details to follow.
Wednesday 18th March 2026	Class 2 Speed Stacking—WNSSP Class 2 –Assembly—3:00pm. Parents/carers invited.
Friday 27th March 2026	School breaks up at the usual time of 3.15pm for Half Term
Tuesday 14th April 2026	School opens-Prompt registration at 8.45am
Monday 20th April 2026	SSP BEE Netball—Finals—TBC
Tuesday 28th April 2026	Year 6—Crucial Crew Trip—More details to follow.
Wednesday 29th April 2026	Tri Golf Festival—More details to follow.
Monday 4th May 2026	BANK HOLIDAY—School Closed.
Tuesday 19th May 2026	Year 4—Stories of Lynn Trip—Consent via MCAS.
Wednesday 20th May 2026	Dynamos Cricket—More details to follow.

PE—Spring Term 1

Wednesday's - Class 1 & 2 ***Wear PE kits***.

Friday's - Class 3 ***Wear PE kits***.

Have your circumstances changed recently?

You may be eligible for Free School Meals!

The school receives funding for each child who comes under Pupil Premium (including FSM). You can apply online:-

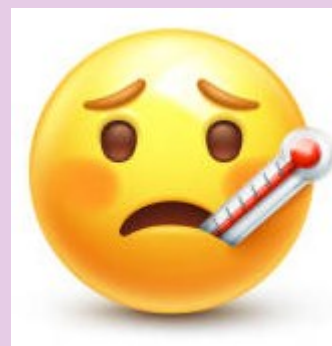
<https://www.norfolk.gov.uk/freeschoolmeals>



If your child is not 'fit' to go into school?

Each day your child is unfit to come to school, please report this absence by calling the school office on 01553 828680 before 9:15am to let us know.

In the message please leave your child's full name, class and give the specific reason for absence. The information you give will be recorded on our official register. Thank you.



The Safeguarding team.

If you have any concerns about a child's welfare or safety, please speak to a member of the schools safeguarding team.



Miss Daws



Mrs Roesner



Mrs Jones



Mrs Preston

CLUBS

Clubs Overview Spring Term 1 - 2026

Please see below a list of lunchtime and after school clubs taking place at Walpole Cross Keys for the above term. Thank you

Day	Theme	Dates / Times	Year Group	Cost
Tuesday	LUNCHTIME TIMES TABLE CLUB with Miss Daws	6th January-10 th February 12:30pm-12:50pm	All years	Free: No booking necessary
Wednesdays	LUNCHTIME READING CLUB with Mrs Roesner	7th January-11 th February 12:30pm-12:50pm	All years	Free: No booking necessary
	LUNCHTIME CLUB WITH Austin/Joe (ICS)	7th January-11 th February 12:30pm-12:50pm	All years	Free: No booking necessary
	FOOTBALL CLUB with Austin/Joe (ICS) (football boots & shin pads are optional)	7 th January -11th February 3:15pm-4:15pm	All years	£4.00 per session totalling to £24.00 for 6 weeks Book & pay direct with ICS Coaching by 5 th January please click on the link to book https://icscoaching.pembee.app/



Term Dates 2025-2026 – Primary Schools

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Key: White dates – school open to pupils
 Orange dates – pupil holidays
 Purple dates – staff training days
 Red dates – bank holidays

Staff training days are – Monday 1 September, Tuesday 2 September, Monday 5 January, Monday 13 April as whole training days.
 Monday 20 July 2026 is disaggregated.

What Parents & Educators Need to Know about DIGITAL DEVICES & WELLBEING

Children aged 7 to 14 now spend roughly 3 to 5 hours a day on phones, tablets, consoles, and computers. That much screen time has parents and educators worried – not just about the hours logged, but about online safety and the knock-on effects on mental health. This guide brings together practical, expert-backed strategies so adults can nurture healthier digital habits and help young people thrive both on and offline.

WHAT ARE THE RISKS?

SLEEP DISRUPTION

Excessive screen time, especially before bed, can interfere with melatonin production and delay sleep onset. Children may struggle to concentrate or regulate emotions due to poor sleep hygiene linked to late-night device use.

ONLINE PEER PRESSURE

Social media platforms expose children to unrealistic standards and peer validation loops. Likes, comments, and follower counts can influence self-worth and lead to anxiety or risky behaviour to gain approval.

CYBERBULLYING EXPOSURE

Children may encounter bullying through messaging apps, games, or social media. This can be persistent and anonymous, making it harder to detect. Victims often feel isolated and reluctant to report incidents.

REDUCED PHYSICAL ACTIVITY

Time spent on screens often replaces outdoor play and physical activity. This sedentary lifestyle can contribute to obesity, poor posture, and reduced cardiovascular health.

EMOTIONAL DYSREGULATION

Fast-paced digital content can overstimulate young brains. Children may become irritable, impatient, or struggle with boredom and emotional control when not engaged with screens.

PRIVACY AND SAFETY RISKS

Children may unknowingly share personal information or interact with strangers online. Without guidance, they may not understand the long-term consequences of digital footprints or unsafe online behaviour.

Advice for Parents & Educators

SET CLEAR BOUNDARIES

Establish screen-time limits and device-free zones, e.g. classrooms and dinner tables. Use parental controls and co-create a digital use agreement with children to encourage accountability. Trying a visual schedule or timer app can help children understand and stick to limits.

MODEL HEALTHY HABITS

Children mirror adult behaviour. Demonstrate balanced device use, take regular screen breaks, and prioritise face-to-face interactions to reinforce positive behaviours. Making a habit of putting your phone away during meals and conversations can show that real-life interactions come first.

ENCOURAGE OPEN DIALOGUE

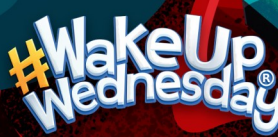
Create a safe space for children to talk about their online experiences. Ask open-ended questions like, "What did you enjoy online today?" to build trust and awareness. Try setting aside 10 minutes each day for a digital check-in where children can share what they've seen or done online.

PROMOTE DIGITAL LITERACY

Teach children how to evaluate online content, recognise misinformation, and understand privacy settings. Empower them to think critically and act responsibly in digital spaces. You could use real-life examples from the news or social media to help children practise spotting fake information.


Meet Our Expert

Adam Gillett is Associate Vice Principal for Personal Development at Penistone Grammar School and works on secondment one day a week for Minds Ahead, which works with schools on improving their mental health provision.



The National College

Community News

Year 5  **WISBECH**
GRAMMAR SCHOOL

MARVELLOUS


MATHS

Saturday 7th February 2026
09:00 - 13:00

Unlock the secrets of numbers!
Register now

wisbechgrammar.com/open-events

www.wisbechgrammar.com 01945 586750

 **SUTTON BRIDGE**
PLAYERS


Sutton Bridge
Westmere Primary School
PE12 9TB


Aladdin
by Nigel Holmes



19th & 20th February 2026 - 7:30pm
21st February 2026 - 2:30pm & 7:30pm

£7.50 per Adult, Children 11 years of age and under free.
Children must be accompanied by an adult over 18

Get in touch with our Box Office to book your tickets:
Email: info@suttonbridgeplayers.co.uk

BOOK NOW 



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