

## AUTUMN/WINTER MENU WEEK 1

Week starting: 4 Sept • 25 Sept • 16 Oct • 13 Nov  
4 Dec • 1 Jan • 22 Jan

## AUTUMN/WINTER MENU WEEK 2

Week starting: 11 Sept • 2 Oct • 30 Oct • 20 Nov • 11 Dec  
8 Jan • 29 Jan

## AUTUMN/WINTER MENU WEEK 3

Week starting: 18 Sept • 9 Oct • 6 Nov • 27 Nov •  
18 Dec • 15 Jan • 5 Feb

MONDAY

(v) Pizza  
Jacket Potato Wedges  
*(v) Vegetarian Enchilada with Steamed Rice*  
Mixed Salad  
*Jacket Potato with Baked Beans*  
Mini Cocoa Crunch with Fresh Orange Wedges

TUESDAY

Local Pork Sausages  
*(v) Courgette and Tomato Frittata - NEW*  
Mashed Potato  
Baked Beans  
*Jacket Potato with Cheese*  
Fruit Scone with Jam and Cream

WEDNESDAY

Roast Chicken with Stuffing  
*(v) Shepherdess Pie*  
Roast Potatoes  
Carrots, Broccoli and Gravy  
*Jacket Potato with Tuna Mayonnaise*  
Apple Crunch with Natural Yoghurt

THURSDAY

Hearty Beef Bolognese with Pasta Twists  
*(v) Vegetarian Bean Chilli with Steamed Rice - NEW*  
Sweetcorn  
*Jacket Potato with Cheese and Baked Beans*  
Homemade Sponge with Sauce

FRIDAY

Breaded Fish Fingers  
*(v) Country Vegetable Flan*  
Chips  
Garden Peas or Baked Beans  
*Jacket Potato with Cheese and Coleslaw*  
Autumn Feast Sponge - **NEW**

Beef Meatballs in Mediterranean Sauce with Pasta  
*(v) Vegetarian Curry with Rice*  
Pea and Sweetcorn Medley  
*Jacket Potato with Baked Beans*  
**NEW** - Mini Chewy Bar with Fresh Apple Wedges

Turkey 'One Pot' with a Herby Scone - **NEW**  
Baby Boiled Potatoes  
*(v) Cheesy Pasta*  
Green Beans  
*Jacket Potato with Cheese*  
Fruit in Jelly with Cream

Succulent Roast Pork with Apple Sauce  
*(v) Lentil Roast*  
Roast Potatoes  
Carrots, Cabbage and Gravy  
*Jacket Potato with Tuna Mayonnaise*  
Peach Crunch with Natural Yoghurt

Mild Chicken Tikka Masala with Steamed Rice - **NEW**  
Naan Bread  
*(v) Vegetarian Bolognese with Pasta*  
Broccoli  
*Jacket Potato with Cheese and Baked Beans*  
'All Time Favourite' Toffee Cream Tart

Krispy Fish  
*(v) Quorn Sausage*  
Chips  
Garden Peas or Baked Beans  
*Jacket Potato with Cheese and Coleslaw*  
Fruity Flapjack

Breaded Chicken Fillet - **NEW**  
Tomato Pasta  
*(v) Lentil Moussaka - NEW*  
Mixed Salad  
*Jacket Potato with Baked Beans*  
Mini Shortbread with Fresh Apple and Orange Wedges

Pork and Sweet Potato Topped Pie with Gravy - **NEW**  
*(v) Veggie Balls in Mediterranean Sauce with Steamed Rice*  
Cauliflower and Sweetcorn  
*Jacket Potato with Cheese*  
Brownie Slice

Traditional Roast Beef with Yorkshire Pudding  
*(v) Quorn Sausage with Yorkshire Pudding*  
Mashed Potato  
Green Beans, Carrots and Gravy  
*Jacket Potato with Tuna Mayonnaise*  
Locally-Sourced Vanilla Ice Cream

Hunter's Chicken with Savoury Rice  
*(v) Italian Bean Bake*  
Pea and Sweetcorn Medley  
*Jacket Potato with Cheese and Baked Beans*  
Apple Crumble with Custard

Breaded Fish Fingers or Salmon Fingers  
*(v) Veggie Burger*  
Chips  
Garden Peas or Baked Beans  
*Jacket Potato with Cheese and Coleslaw*  
Carrot Cake

Fresh Bread, Fruit, Milk Drink and Water  
available Daily



Subject to alteration