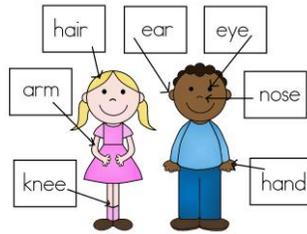


Knowledge Organiser

EYFS Autumn 1 -All About Me

What parts does my body have?



Who is in my family?



Who is in my school community?



What different homes do people live in?



Do we always feel the same?



How can we stay healthy?



Key vocabulary

Skull – the bone that is inside our head

Lungs – the organ inside our bodies that helps us breathe

Son – a boy in a family

Daughter – a girl in a family

Detached – a house that is not joined to another home

Bungalow – a home with no upstairs

Confident – when we feel sure about something we know or can do

Delighted – when we feel really happy about something

Headteacher – the teacher who is in charge of our school

Vitamins – things we can't see in fruit and vegetables that keep us healthy

Key Vocabulary	Definition
Balance	The ability to remain stable when stationary (static balance) and when moving (dynamic balance).
Travel	A method of moving around a space e.g. jog, skip, side step, crawl etc.
Track	To track is when a player moves their body to get in line with a ball that is coming towards them.
Send	To pass to someone using either your feet, hands or an object.
Receive	To collect or stop a ball that is sent to you using either your feet, hands or an object.

Skill development	
FUNDAMENTALS	SENDING AND RECEIVING
Be able to change direction when moving at speed and run at different speeds.	To begin to send and receive a ball using a piece of equipment and with my feet.
Be able to recognise changes in my body when I do exercise.	Be able to catch a ball after one bounce.
Select my own actions in response to a task.	Be able to roll a ball towards a target and throw a ball to a partner.
Be able to show balance and co-ordination when static and moving at slow speed.	Be able to track a ball that is coming towards me.

Skills	
Changing direction	
Send	
Receive	

Knowledge Organiser – PSHE – Being Me in My World - EYFS

Vocabulary	
Unique	One of a kind.
Rights	Belong to every person.
Rules	How to be good.



Learning Objectives
I am confident to try new activities.
I can work as part of a group or class, and understand and follow the rules.
I can talk about own and others' behaviour, and its consequences, and know that some behaviour is unacceptable.



Reflective Questions
Ask me this...
How can we make sure that we are all safe, happy and able to learn in school?
What makes you unique?