

	Autumn 1 st	Autumn 2 nd	Spring 1 st	Spring 2 nd	Summer 1 st	Summer 2 nd
EYFS	Real PE multi ability assessment focus: Personal Wider Sport: Gymnastics – floor movements and balances	Real PE multi ability assessment focus: Social Wider Sport: Games – Relay games	Real PE multi ability assessment focus: Cognitive Wider Sport: Gym/Dance – Following sequences of instructions	Real PE multi ability assessment focus: Creative Wider Sport: Games – Focus on throwing and catching skills	Real PE multi ability assessment focus: Physical Wider Sport: Games – Focus on running and jumping	Real PE multi ability assessment focus: Health and Fitness Wider Sport: Athletics – Revising basic movement skills
Year 1	Real PE multi ability assessment focus: Personal Wider Sport: Games – scoring goals in multiple sports focusing on practising and improving	Real PE multi ability assessment focus: Social Wider Sport: Gymnastics – Performing different balances with partner encouragement and coaching	Real PE multi ability assessment focus: Cognitive Wider Sport: Games – Ball passing in multiple sports recognising good performance in self and others	Real PE multi ability assessment focus: Creative Wider Sport: Dance – Developing and exploring movements to suit different scenarios and characters	Real PE multi ability assessment focus: Physical Wider Sport: Games – Strike and field skills in multiple sports building in sequences of movements.	Real PE multi ability assessment focus: Health and fitness Wider Sport: Athletics – Looking at throwing, running and jumping including how to land safely.
Year 2	Real PE multi ability assessment focus: Personal Wider Sport: Games – multiple sports involving challenge task	Real PE multi ability assessment focus: Social Wider Sport: Gymnastics - Performing different sequences with partner encouragement and coaching	Real PE multi ability assessment focus: Cognitive Wider Sport: Games – multiple sports looking at simple tactics, attacking and defending	Real PE multi ability assessment focus: Creative Wider Sport: Dance – Composing own movements to respond to a piece of music.	Real PE multi ability assessment focus: Physical Wider Sport: Games – Throwing skills developing accuracy	Real PE multi ability assessment focus: Health and Fitness Wider Sport: Athletics - Looking at throwing, running and jumping including developing warm ups and cool downs
Year 3	Real PE multi ability assessment focus: Personal Wider Sport: Football/Indoor athletics – Focus on improving performance through practise	Real PE multi ability assessment focus: Social Wider Sport: Dance – Small group dances	Real PE multi ability assessment focus: Creative Wider Sport: Gymnastics – Developing and evaluating sequences of movement	Real PE multi ability assessment focus: Cognitive Wider Sport: Racket skills – developing shot selection	Real PE multi ability assessment focus: Physical Wider Sport: Athletics – combining actions (running and throwing, combinations of jumps)	Real PE multi ability assessment focus: Health and Fitness Wider Sport: Strike and field skills – Focus on fielding skills

Year 4	Real PE multi ability assessment focus: Personal Wider Sport: Tag Rugby/Indoor athletics – Challenging to improve performance	Real PE multi ability assessment focus: Social Wider Sport: Gymnastics/Short tennis – Focus on group work skills	Real PE multi ability assessment focus: Cognitive Wider Sport: Dance – Composing own dances against a set of criteria i.e. to match a song from the Lion King	Real PE multi ability assessment focus: Creative Wider Sport: Basketball/netball – Changing tactics and rules to make the game more interesting	Real PE multi ability assessment focus: Physical Wider Sport: Tennis (racket skills) – Working on longer sequences of rallies	Real PE multi ability assessment focus: Health and Fitness Wider Sport: Cricket (Strike and field skills) – Record and monitor scores and fitness.
Year 5	Real PE multi ability assessment focus: Cognitive Wider Sport: Netball/indoor athletics – knowing how to win 1v1 situations and monitoring own performance	Real PE multi ability assessment focus: Creative Wider Sport: Gymnastics – Producing balances and sequences with contrasting ideas	Real PE multi ability assessment focus: Social Wider Sport: Volleyball/Hockey – Pupils to focus on motivating and involving others	Real PE multi ability assessment focus: Physical Wider Sport: Dance – Performing a range of movements – groups creating own aerobic routines	Real PE multi ability assessment focus: Health and Fitness Wider Sport: Outdoor and adventure/team problem solving – Developing own warm ups and fitness routines	Real PE multi ability assessment focus: Personal Wider Sport: Rounders (strike and field) – Setting targets for game situations.
Year 6	Real PE multi ability assessment focus: Cognitive Wider Sport: Hockey – Different game situations 2vs1, 5vs4, finding space etc	Real PE multi ability assessment focus: Creative Wider Sport: Gymnastics/indoor athletics – Producing a routine with a variety of balances and equipment.	Real PE multi ability assessment focus: Social Wider Sport: Basketball – Children taking on the role of coach and trainer within games.	Real PE multi ability assessment focus: Physical Wider Sport: Dance – Composing and performing dance routines for a music video.	Real PE multi ability assessment focus: Health and Fitness Wider Sport: New games – dodgeball, handball, ultimate frisbee - looking at different types of fitness	Real PE multi ability assessment focus: Personal Wider Sport: Athletics – Building in and improving against personal bests